

# List of All Chemicals

## P Prunus cerasus (Rosaceae)

### Common name(s)

Sour Cherry

### How used

Food

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Plant Part	Low PPM	High PPM	StdDev	*Reference
2,3-DIHYDROWOGONIN	Fruit	--	--		*
2,3-DIHYDROWOGONIN-7-MONO-BETA-D-GLUCOSIDE	Fruit	--	--		*
2-HEPTANONE	Fruit	--	--		*
2-METHYL-MALIC-ACID	Fruit	--	--		*
24-METHYLENE-CYCLOARTENOL	Plant	--	--		*
4-HYDROXYMETHYLPROLINE	Fruit	--	--		*
ACETIC-ACID	Fruit	--	--		*
<b>Activities (16)</b>					
Acidulant		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antibacterial 5,000 ppm					
Antitotic		Martindale's 28th			
Antisalmonella					
Antivaginitic 1-2%					
Expectorant		Martindale's 28th			
Fungicide		Martindale's 29th			
Keratogenic					
Mucolytic		Martindale's 29th			
Osteolytic					
Perfumery FEMA 6,000-40,000 ppm		Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Pesticide					
Protisticide		Martindale's 29th			
Spermicide		Martindale's 28th			
Ulcerogenic		HerbalGram No. 20, page 9.			
Verrucolytic					
ALLANTOIN	Stem	--	--		*
<b>Activities (12)</b>					
Antidandruff		A.L.L. Hunting. Encyclopedia of Shampoo Ingredients. Micelle Press, Cranford NJ. 467 pp.			
Antiinflammatory					
Antioxidant					
Antipeptic 30-130 mg/man/day		25 Dispensatory			
Antipsoriac 2%		Martindale's 28th			
Antiradicular					
Antiulcer					
Immunostimulant					
Keratolytic		Martindale's 28th			
Sunscreen 0.10%		Jim Duke's personal files.			
Suppurative					
Vulnerary					
ALPHA-ALANINE	Fruit	--	--		*
ALPHA-LINOLENIC-ACID	Fruit	440.0	3168.0	0.28	*

5-Alpha-Reductase-Inhibitor	
Antiaggregate	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Antihypertensive	
Antiinflammatory IC50=42 uM	
Antileukotriene-D4 IC50=42 uM	
Antimennorrheic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimetastatic	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Hypotensive	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Immunostimulant 0.12 ml/man/day	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Lymphocytogenic 0.5 ug/ml	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Propecic	
Prostaglandin-Synthesis-Inhibitor 39.5 g/day/hmn	Ferretti, A., Flanagan, V. P. 1996. Antithromboxane Activity of Dietary Alpha-linolenic Acid: A Pilot Study. Prostaglandins Leukotrienes Essential Fatty Acids, 54(6): 451-455. ARS, USDA.
Vasodilator	

ALPHA-TOCOPHEROL	Fruit	1.3	9.4	-0.98	*
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#### Activities (32)

Antialzheimeran	
Antianginal	
Antiarthritic	
Antiasthmatic	
Antiatherosclerotic	Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Anticancer	
Anticataract	
Anticonvulsant Synergen	
Antidementia	
Antidiabetic	Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Antiinfarctal	Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Antiinfertility	
Antiischemic	
Antimaculitic	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuropathic	
Antioxidant 5 x quercetin	
Antioxidant IC34=10 uM	
Antiparkinsonian	
Antiradicular 5 x quercetin	
Antiretinotic	
Antirheumatic	
Antistroke	
Antitumor	
Antitumor (Bladder)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antitumor-Promoter	
Cancer-Preventive	
Cardioprotective	
Circulotonic	
Immunomodulator	

AMYGDALIN	Leaf	--	--	*
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#### Activities (8)

Antiinflammatory	
Antispasmodic	
Antitussive	Oriental Materia Medica (three volumes by Dr. Hsu and collaborators)
Bitter	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cyanogenic	Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. CRC Handbook of Naturally Occurring Food Toxicants, CRC Press, Boca Raton, 1983, 339 pp.
Expectorant	Oriental Materia Medica (three volumes by Dr. Hsu and collaborators)
Toxic	

ANTIRRHININ	Fruit	--	--	*
APIGENIN	Plant	--	--	*
<b>Activities (101)</b>				
11B-HSD-Inhibitor				
AntiADD				
AntiHIV IC72=200 ug/ml				
AntiHIV IC50=143 ug/ml				
Antiaflatoxin IC50=9.52 uM				
Antiaflatoxin IC50=2.57 ppm				
Antiaggregant				
Antiaging				
Antiallergic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).			
Antiangiogenic 4 uM				
Antiarhythmic				
Antibacterial	Recio, M. C., Rios, J. L., and Villar, A. A review of some antimicrobial compounds isolated from medicinal plants reported in the literature 1978-1988, Phytotherapy Research, 3(4), 1989, 117-125.			
Anticancer (Lung)				
Anticomplementary				
Antidermatitic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.			
Antiestrogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).			
Antiherpetic 20-54 ug/ml				
Antihistaminic IC50=10-35 uM				
Antiinflammatory #NAME?				
Antiinflammatory IC~65=1,000 uM				
Antileukemic 20-50 uM				
Antimelanomic 1-50 uM				
Antimetastatic 1-50 uM				
Antimutagenic ID50=10-40 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507. ACS, Washington 402 pp.			
Antimutagenic ID50=0.55 ug/ml				
Antioxidant 1.5 x Vit. E				
Antioxidant IC28.5=62.5 ug/ml				
Antiperistaltic				
Antiproliferant 1-50 uM				
Antiproliferant IC50=155 uM				
Antispasmodic EC50=1-5 uM				
Antistress 10 mg/kg				
Antithyroid	Jim Duke's personal files.			
Antitumor 1-50 uM				
Antitumor (Breast) 1-50 uM				
Antitumor (Lung)				
Antitumor (Skin)				
Antiviral 20-54 ug/ml				
Anxiolytic 10 mg/kg				
Apoptotic 12-60 uM				
Aromatase-Inhibitor IC65=1 uM/l	Journal of Medicinal Food 2: 235.1999.			
Beta-Glucuronidase-Inhibitor IC50=~40 uM				
CNS-Depressant				
COX-1-Inhibitor IC65=1,000 uM				
COX-2-Inhibitor IC>65=1,000 uM				
COX-2-Inhibitor <40 uM				
COX-2-Inhibitor IC50=<15 uM				
Calcium-Antagonist?	Biochimica & Biophysica Acta, 1115: 69, 1991.			
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Choleretic				
Cyclooxygenase-Inhibitor				
Cytochrome-P450-1A1-Inhibitor				
Cytotoxic IC88=10 ug/ml	Planta Medica, 57: A113, 1991.			

Cytotoxic	IC50=9.5 uM
DNA-Protective	
Deiodinase-Inhibitor	Jim Duke's personal files.
Differentiator MIC=30 uM	
Differentiator IC40=40 uM	
Diuretic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Estrogenic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.
Estrogenic 16% genistein	
Estrogenic EC50=1 uM	
HIF-1alpha-Inhibitor	
Hyaluronidase-Inhibitor	
IC50+=50-250 uM	
Hypotensive	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
ICAM-1-Inhibitor	
IKK-Inhibitor	
Inotropic	
Interleukin-6-Inhibitor	
MAO-Inhibitor	
MAPK-Inhibitor	
Musculotropic	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Mutagenic	
Myorelaxant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
NADH-Oxidase-Inhibitor	
NF-kB-Inhibitor	
NO-Synthase-Inhibitor 5-50 uM	
Nodulation-Signal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Ornithine-Decarboxylase-Inhibitor	
P21-Inducer 10-70 uM	
PKC-Inhibitor IC50=10 uM	
PTK-Inhibitor 10-100 uM	
Pesticide	
Polyamine-Synthesis-Inhibitor	
Progesterational	
Protein-Kinase-C-Inhibitor IC50=10-40 uM	
Quinone-Reductase-Inducer 20 uM	Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. <i>Cancer Lett.</i> , 120 (2): 213-216.
Radioprotective	
Sedative 30-100 mg/kg	
Sunscreen	
TNF-alpha-Inhibitor IC50=3.27 uM	
Topoisomerase-I-Inhibitor	Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. <i>Toxicol Ind Health</i> , 14: 223-237.
Topoisomerase-II-Inhibitor 50 ug/ml	Azuma, Y., Onishi, Y., Sato, Y., Kizaki, H. 1995. Effects of Protein Tyrosine Kinase Inhibitors With Different Modes of Action on Topoisomerase Activity and Death of IL-2-Dependent CTLL-2-Cells. <i>J Biochemistry</i> , 118: 312-318.
Topoisomerase-II-Inhibitor IC28=18 uM	
Topoisomerase-II-Inhibitor IC45=180 uM	
Uterotrophic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.
VEGF-Inhibitor IC50=2-7 uM	
Vasodilator	
Xanthine-Oxidase-Inhibitor 0.36 uM	
iNOS-Inhibitor IC50=<15 uM	

ARACHIDIC-ACID	Seed	2400.0	3200.0	-0.34	*
ARGININE	Fruit	--	--		*
<b>Activities (14)</b>					
Antidiabetic?	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.				
Antiecephalopathic	Martindale's 29th				
Antihepatitic	Martindale's 29th				
Antihypertensive					

Antiinfertility 4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antioxidant?	
Aphrodisiac 3 g/day	
Diuretic	
Hypoammonemic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
NO-Genic	
Pituitary-Stimulant	
Spermigenic 4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Vasodilator	

#### AROMADENDRIN

Plant -- -- \*

#### Activities (3)

Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Pesticide	

#### AROMADENDRINOL

Plant -- -- \*

#### ASCORBIC-ACID

Fruit 70.0 873.0 -0.23 \*

#### Activities (112)

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Analgesic 5-10 g/day	
Angiotensin-Receptor-Blocker	
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 500-1,000 mg	
AntiCTS 1,000 mg 3x/day	
AntiCrohn's 50-100 mg/day/orl/man	Martindale's 29th
AntiLyme 500-2,000 mg	
AntiRaynaud's 500 mg 1-2x/day	
Antiaggregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiaging 400 mg/day	
Antiallergic	
Antialzheimeran 2,000-6,000 mg/day	
Antiarthritic 0.2-1 g/day	
Antiasthmatic 1,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiatherosclerotic	
Antibacterial	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticataract 350 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anticataract 1 g 3x/day	
Anticervicaldysplastic 1,000-2,000 mg/day	
Anticlimacteric 500-5,000 mg/day	
Anticold 1-2 g/man/day	
Antidecubitic 500 mg/man/2x/day	Martindale's 28th
Antidementia	
Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Paraquat)	Martindale's 28th
Antieczemic 3.5-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiencephalitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiendometriotic 2,000 mg/day	

Antifibrotic 1,000-2,000 mg	
Antigallstone 1,000-3,000 mg/day	
Antigastritic	
Antigingivitic	
Antiglaucomic 2 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antihangover 1,000 mg	
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.
Antiherpetic 1-5 g/day	
Antihistaminic 2 g/day orl man	
Antihypertensive	
Antiinfertility 1 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiinflammatory	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antilepric 1.5 g/man/day	Martindale's 28th
Antilithic 1,000-3,000 mg/day	
Antimaculitic	
Antimeasles	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antimenopausal 500-5,000 mg/day	
Antimigraine	Martindale's 29th
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuramidase	
Antinitrosic 1 g/man/day	Martindale's 28th
Antiobesity 1 g 3x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiorchitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antosteoorarthritic 1 g 2x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antosteoporotic 500 mg/day	
Antioxidant 100 ppm	
Antiparkinsonian 1 g 2-3x/day	
Antiparotitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiperiodontitic 1 g 2x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipodriac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antipoliomyelic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antipyretic	Economic & Medicinal Plant Research, 6: 189.
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Gastric)	
Antitumor (Lung)	
Antiulcer	
Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Collagenic	
Detoxicant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).

1,000 mg/day					
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Hypotensive 1,000 mg/man/day					
Immunomodulator					
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Mucolytic 1 g/woman/day	Martindale's 28th				
Pesticide					
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Urinary-Acidulant	Martindale's 29th				
Vasodilator					
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				

ASH

Fruit      4000.0    48000.0    -0.22    \*

ASPARAGINE

Fruit      --      --      \*

**Activities (2)**

- Antisickling Ekeke, G.I. and Shode, F.O. 1988. Phenylalanine is the Predominant Antisickling Agent in Cajanus cajan Seed Extract. *Planta Medica* 56(1): 41, 1990.  
 Diuretic HerbalGram No. 17.

ASPARTIC-ACID

Fruit      --      --      \*

**Activities (3)**

- Antimorphinic Martindale's 28th  
 Neuroexcitant Martindale's 28th  
 Roborant Merck 11th Edition

BENZALDEHYDE

Fruit      --      3.0      -0.79      \*

**Activities (24)**

- Allergenic  
 Anesthetic  
 Antibacterial  
 Anticancer  
 Antimutagenic  
 Antipeptic  
 Antiseptic  
 Antispasmodic  
 Antitumor  
 Candidicide  
 Flavor FEMA 150-800 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry  
 Immunostimulant  
 Insecticide Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.  
 Insectifuge 50 ppm J. Stored. Prod. Res., 22:141, 1986.  
 Motor-Depressant Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC  
 Narcotic Merck 11th Edition  
 Nematicide Shoyakugaku Zasshi, 44: 183.  
 MLC=1 mg/ml  
 Pesticide  
 Sedative Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC  
 Termitticide LD100=5 mg/g  
 Tyrosinase-Inhibitor ID50=820 uM  
 Tyrosinase-Inhibitor ID50=87 ug/ml  
 Tyrosinase-Inhibitor ID50=0.82 mM  
 Tyrosinase-Inhibitor ID50=830 uM

BENZOIC-ACID-ETHYL-ESTER

Plant      --      --      \*

**Activities (2)**

Avicide	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Neurotoxic to birds	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.

**BETA-CAROTENE**

Fruit      1.0      6.0      -0.14      \*

**Activities (53)**

Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaging	
Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code.</i> Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervicaldysplastic	
Anticoronal 50 mg/man/2 days	
Antihyperkeratotic	
Antiichthyotic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileukoplakic	
Antilipoperoxidant IC71=50 ug/ml	
Antilupus 150 mg/man/day/2 mos	Martindale's 28th
Antimaculitic	
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiozenic	
Antipapillomic	
Antiphotophobic 30-300 mg/man/day	Martindale's 29th
Antipityriasis	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiporphyrin 30-300 mg/man/day	Martindale's 28th
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code.</i> Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	
Antistress	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. <i>HortScience</i> , 25(12): 1495, 1990.
Antitumor (Breast) IC45=60 ug/ml	
Antitumor (CNS) IC43=45 ug/ml	
Antitumor (Colon) IC43=45 ug/ml	
Antitumor (Lung) IC30=60 ug/ml	
Antitumor (Prostate)	
Antitumor (Stomach) IC26=45 ug/ml	
Antiulcer 12 mg 3x/day/man/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer 15,000-25,000 IU/day	
Antixerophthalmic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
COX-1-Inhibitor IC78=50 ug/ml	
COX-2-Inhibitor IC82=50 ug/ml	
Cancer-Preventive 22 ppm	Jim Duke's personal files.
Chemopreventive	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Gastroprotective	
Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Interferon-Synergist	
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant 20 ug/g	
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.

**BETA-IONONE**

Plant      --      --      \*

Allergenic	
Antibacterial MIC=200 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. <i>J. Agric. Food Chem.</i> 41: 1102-1105.
Anticariogenic MIC=100 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. <i>J. Agric. Food Chem.</i> 41: 1102-1105.
Antimelanomic IC50=140 uM/l	
Antitumor	Yu, S.G., Anderson, P.J., and Elson, C.E. 1995. Efficacy of B-Ionone in the Chemoprevention of Rat Mammary Carcinogenesis. <i>J. Agric. Food Chem.</i> 43: 2144-2147.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cytochrome-P450-Inducer	
Fungicide	
Hypocholesterolemic	Yu, S.G., Anderson, P.J., and Elson, C.E. 1995. Efficacy of B-Ionone in the Chemoprevention of Rat Mammary Carcinogenesis. <i>J. Agric. Food Chem.</i> 43: 2144-2147.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
P450-Inducer	
Pesticide	
Trichomonicide LD100=100 ug/ml	

BETA-SITOSTEROL	Plant	--	--	*
<b>Activities (47)</b>				
Androgenic				
Angiogenic				
Anorexic	Martindale's 28th			
Antiadrenomic	Merck 11th Edition			
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Antibacterial	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.			
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.			
Anticancer (Cervix)				
Anticancer (Lung)				
Antiedemic IC54=320 mg/kg orl				
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.			
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Antigonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Antihyperlipoproteinæmic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, Londón. 791 pp.			
Antiinflammatory				
Antileukemic				
Antilymphomeric				
Antimutagenic 250 ug/ml				
Antiophidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.			
Antioxidant IC44=10 uM				
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Antiprostaglandin 30 mg/day/12 wks				
Antiprostatadenomic	Merck 11th Edition			
Antiprostatic 10-20 mg 3 x/day/orl man				
Antipyretic	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.			
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.			
Antitumor (Cervix)				
Antitumor (Lung)				
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. <i>Plant Science</i> , 75: 161-165, 1991.			
Apoptotic				
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. <i>Phytochemistry</i> . 29(5): 1667-1670. 1990.			
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.			
Caspase-8-Inducer				
Estrogenic				
Febrifuge	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.			
Gonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Hepatoprotective				
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th			
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th			

Hypolipidemic 2-6 g/day					
Pesticide					
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.				
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Ulcerogenic 500 mg/kg ipr rat					
ORON	Fruit	1.0	80.0	0.81	*
<b>Activities (4)</b>					
Androgenic 3 mg/man/day					
Antoste oarthritic					Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antoste oporotic 3 mg/man/day					
Estrogenic 3 mg/man/day					
AFFEIC-ACID	Plant	--	--		*
<b>Activities (102)</b>					
Aldose-Reductase-Inhibitor 4 ug/ml (weak activity)					Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.
Allergenic					
Analgesic					
AntiHIV EC50=200 ug/ml					
AntiLegionella					
Antadenoviral					Economic & Medicinal Plant Research, 5: 207.
Antiaggregant					Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiaging					
Antiatherogenic					
Antibacterial					
Anticancer					
Anticarcinogenic					Economic & Medicinal Plant Research, 6: 189.
Antidepressant					
Antiedemic					Economic & Medicinal Plant Research, 6: 189.
Antielastase IC50=93 um/l					
Antielastase IC50=86 ug/ml (475 uM)					
Antiescherichic					
Antiflu					Economic & Medicinal Plant Research, 5: 207.
Antigonadotropic					Jim Duke's personal files.
Antihemolytic 25 uM					Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> , 36(3): 579-583. 1994.
Antihepatoadenomic 200 ppm diet orl mus					
Antihepatotoxic					
Antiherpetic 50 ug/ml					
Antiherpetic EC50=>50 ug/ml					
Antihistaminic					
Antihypercholesterolemic					Economic & Medicinal Plant Research, 6: 189.
Antihyperthyroid					
Antiinflammatory					
Antileukemic					Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antileukotriene					
Antimelanogenic					
Antimutagenic					Ki Soon Rhee, Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antinitrosaminic					Ki Soon Rhee, Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antiphidic					
Antioxidant 50 uM					
Antioxidant IC57=>30 ppm					
Antioxidant 1/3 quercetin					
Antioxidant 30 mM					
Antioxidant 1.3 x Vit. E					
Antioxidant 1/2 BHA					
Antiperioxidant IC50=44 uM					Planta Medica, 57: A54, 1991.
Antiperioxidant IC35=200 ug/ml					
Antiperioxidant IC85=100 ug/ml					
Antiproliferant					Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.

Antiradicular 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994.
Antiradicular 1/3 quercetin	
Antiradicular 30 mM	
Antiradicular IC50=32-35 uM	
Antiseptic	
Antispasmodic EC50=3.4-15 uM	Phytotherapy Research, 4: 73.
Antistaphylococcic	
Antistomatinic	Economic & Medicinal Plant Research, 5: 207.
Antisunburn	
Antithiamin	Phenolic Compounds in Food and Their Effects on Health, 69.
Antithyroid	Jim Duke's personal files.
Antitumor 200 ppm diet orl mus	
Antitumor (Skin)	
Antitumor-Promoter IC42=10 uM	Cancer Research, 48: 5941.
Antiulcerogenic	
Antivaccinia	Economic & Medicinal Plant Research, 5: 207.
Antiviral IC50=62.5 ug/ml	
Anxiolytic	
CNS-Active	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart.</i> 393 pp.
COX-2-Inhibitor IC32=100 uM	
Calcium-Antagonist IC50=1.2 uM rbt	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI</i> , 1990, 399 pp.
Carcinogenic 2% (diet)	
Chemopreventive	
Cholagogue	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart.</i> 393 pp.
Choleretic	Williamson, E. M. and Evans, F. J. <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Clastogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Co-carcinogenic	
Collagen-Sparing	
Cytoprotective	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Cytotoxic TC50=200 ug/ml	
DNA-Active	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
DNA-Protective	
Diuretic	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart.</i> 393 pp.
Fungicide MIC=0.4 mg/ml	
Hepatocarcinogenic 400 ppm diet orl mus (in the absence of alcohol)	
Hepatoprotective	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 210.
Hepatotropic	
Histamine-Inhibitor	
Immunostimulant	
Insectifuge	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in Achillea millefolium L. (Asteraceae). <i>Economic Botany</i> 48(2): 111-120, 1994.
Leukotriene-Inhibitor	
Lipoxygenase-Inhibitor IC27=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Lipoxygenase-Inhibitor IC50=62-148 uM	
Lyase-Inhibitor IC50=94-164 uM	
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.25.
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. <i>Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health</i> , Ch.19.
Pesticide	
Prooxidant	
Prostaglandigenic	
Sedative 500 mg	
Sunscreen IC50=2.5 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. <i>Fitoterapia</i> 64(2): 134-136, 1993.
Sunscreen IC91=5 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. <i>Fitoterapia</i> 64(2): 134-136, 1993.
Sunscreen IC98=25 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. <i>Fitoterapia</i> 64(2): 134-136, 1993.
Tumorigenic	Jim Duke's personal files.
Vulnerary	
Xanthine-Oxidase-Inhibitor IC50=39.21 uM	Mills, Simon and Bone, Kerry. 2000. <i>Phytotherapy</i> . Churchill Livingston, Edinburgh.

**Activities (28)**

AntiPMS 1 g/day	
Antiallergic 500 mg/day	
Antianxiety	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiarrhythmic 500-1,500 mg	
Antiarthritic 1,000 mg/day	
Antiatherosclerotic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticlimacteric 1,000-1,500 mg/day	
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Aluminum)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 1,000-1,500 mg/day	
Antiobesity	
Antiosteoporotic 500-2,000 mg/day	
Antiperiodontitic 750 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antirheumatic 1,000 mg/day	
Antistress 500-1,500 mg/day	
Antitric	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anxiolytic 500-1,500 mg/day	
Calcium-Channel-Blocker	
Diuretic	
Hypocholesterolemic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Laxative 1,000-1,200 mg	
Tranquilizer 500-1,500 mg/day	
Vasodilator	

CARBOHYDRATES	Fruit	103000.0	876960.0	0.5	*
CAROTENOIDS	Fruit	1.0	10.0	-0.51	*
CERASIDIN	Plant	--	--		*
CERASIN	Plant	--	--		*
CERASINONE	Plant	--	--		*
CHLOROGENIC-ACID	Fruit	--	--		*

**Activities (77)**

Aldose-Reductase-Inhibitor IC50=1.8 uM rat (strong activity)	Yoshikawa, M., et al. 1999. Medicinal Flowers. I. Aldose Reductase Inhibitors and Three New Eudesmane-Type Sesquiterpenes, Kikkanols A, B, and C, From the Flowers of Chrysanthemum indicum L. Chem Pharm Bull, 47(3): 340-345.
Allelochemical	
Allergenic	
Analgesic	
AntiEBV	Economic & Medicinal Plant Research, 6: 189.
AntiHIV	Economic & Medicinal Plant Research, 6: 189.
AntiLegionella	
Antiatherosclerotic	
Antibacterial	
Anticancer (Colon)	
Anticancer (Forestomach)	
Anticancer (Liver)	
Anticancer (Skin)	
Anticarcinogenic	
Antidiabetic	
Antifeedant	
Antigenotoxic	
Antigonadotropic	Jim Duke's personal files.
Antihemolytic 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. Phytochemistry. 36(3): 579-583. 1994.
Antihepatotoxic	
Antiherapeutic	Economic & Medicinal Plant Research, 5: 194.
Antihistaminic	
Antihypercholesterolemic	Economic & Medicinal Plant Research, 6: 189.

Antiinflammatory	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Antileukotriene	
Antimelanogenic	
Antimutagenic	
Antinitrosaminic	
Antioxidant IC53=200 ppm	Huang, M-T., and Ferraro, T. Phenolic Compounds in Food and Cancer Prevention. Phenolic Compounds in Food and Their Effects on Health, Ch.2 p.21.
Antioxidant IC80=12 uM	
Antioxidant IC50=54.2 uM	
Antiperoxidant IC50=36 uM	Planta Medica, 57: A54, 1991.
Antipolio	Jim Duke's personal files.
Antiradicular 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. Phytochemistry. 36(3): 579-583. 1994.
Antiradicular 9 x quercetin	
Antiseptic	
Antisunburn	
Antithyroid	Jim Duke's personal files.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antitumor (Colon)	
Antitumor (Forestomach)	
Antitumor (Liver)	
Antitumor (Skin)	
Antitumor-Promoter IC25=10 uM	Economic & Medicinal Plant Research, 6: 189.
Antiuclcer	Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Antiviral	
Autotoxic	
CNS-Active	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
CNS-Stimulant 1/6 Caffeine	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Chemopreventive	
Cholagogue	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Choleretic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Clastogenic	Friedman, M. and Dao, L. 1990. Effect of Autoclaving and Conventional and Microwave Baking on the Ergot Alkaloid and Chlorogenic Acid Contents of Morning Glory ( <i>Ipomoea tricolor</i> Cav. cv.) Heavenly Blue Seeds. J. Agric. Food Chem. 38: 805-808.
Collagen-Sparing	
Diuretic	
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Hepatoprotective	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Histamine-Inhibitor	
Hypoglycemic	
Immunostimulant	
Insectifuge	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in <i>Achillea millefolium</i> L. (Asteraceae). Economic Botany 48(2): 111-120, 1994.
Interferonogenic	Economic & Medicinal Plant Research, 1: 124.
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvistat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Leukotriene-Inhibitor	
Lipoxygenase-Inhibitor IC23=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25.
NO-Genic	
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sunscreen	
Sweetener	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Vulnerary	

## CHRYSIN

Plant -- -- \*

### Activities (60)

AntiHIV  
AntiMDR  
Antiaflatoxin  
IC50=8.19 uM  
Antiaflatoxin

Antiaggregant	
Antiallergic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiangiogenic	
Antibacillary	
Antibacterial	
Anticonvulsant	
Antiestrogenic	
Antigout	
Antiherpetic 40-75 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. <i>J. of Natural Products</i> 55(12):1732-1740, 1992.
Antihypertensive	
Antileukemic >genistein	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiproliferant	
Antiproliferant >genistein	
Antiproliferant (colon)	
Antisalmonella	
Antishigellic	
Antispasmodic	Biochem Pharmacol, 40(10): 2227.
Antistaphylococcic	
Antistress	
Antithrombic	
Antitumor (Breast)	
Antitumor (Colon)	
Antiviral 40-75 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. <i>J. of Natural Products</i> 55(12):1732-1740, 1992.
Anxiolytic	
Apoptotic	
Aromatase-Inhibitor IC80=1 uM/l	
CNS-Depressant	
CYP1A1-Inhibitor	
Cancer-Preventive	
Caspase-3-Inhibitor	
Caspase-9-Inhibitor	
Cytotoxic >genistein	
Cytotoxic	
DNA-Protective	
Estrogenic	
Fungicide 2.5 mM	Geibel, M. 1994. Sensitivity of the Fungus <i>Cytospora persoonii</i> to the Flavonoids of <i>Prunus cerasus</i> . <i>Phytochemistry</i> . 38(3): 599-601. 1995.
Hepatoprotective IC50=8.19 uM	
Hepatoprotective IC50=2.08 ppm	
Hypotensive	
Hypouricemic	
ICAM-1-Inhibitor	
JNK-Inhibitor	
MAO-Inhibitor	
Mutagenic	
Myorelaxant	
NO-Genic	
Pesticide	
Radioprotective	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Testosterogenic	
Topoisomerase-I-Inhibitor	Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. <i>Toxicol Ind Health</i> , 14: 223-237.
VEGF-Inhibitor	
Vasodilator	
Vasorelaxant	
Xanthine-Oxidase-Inhibitor	

CITRIC-ACID

Fruit -- -- \*

#### Activities (23)

Allergenic

Inhibitor	
Antiaphthic 20,000 ppm	Martindale's 28th
Antiatherosclerotic	
Antibacterial	
Anticalculic	
Anticoagulant	Merck 11th Edition
Antileishmanic	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant Synergist	Merck 11th Edition
Antiseborheic	
Antiseptic	Martindale's 29th
Antitubercular	
Antitumor	Economic & Medicinal Plant Research, 6: 235.
Disinfectant	Martindale's 29th
Flavor FEMA 370-4,400	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hemostat	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative?	Lawrence Review of Natural Products, Sep-91.
Litholytic	Martindale's 29th
Mycobactericide	
Odontolytic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Refrigerant	Martindale's 28th

## COUMARIN

Plant -- -- \*

### Activities (57)

Aldose-Reductase-Inhibitor 10 ug/ml cow (weak activity, 11% inhibition)	Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation.Chem Pharm Bull43(8):1385-1387
Allelochemic IC100=2 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, V. 4, Oryx Press, Phoenix, 1989, 267pp.
Analgesic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Anesthetic	
Antiaggregant	
Antiandrogenic	Planta Medica, 56(6): 671, 1990.
Antibrucellosic	Gawron, A., Gorski*, G., Glowniak**, K. 1989. Increased proliferation of phytohaemagglutinin (PHA)-stimulated human leucocytes after 8-methoxysoralen treatment. J. Pharm. Pharmacol. 42: 194-195, 1990.
Anticancer (Kidney) 400-7,000 mg/day	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Anticancer (Prostate) 400-7,000 mg/day	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Antidiuretic	
Antiedemic	Shimizu *M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhuema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.
Antiesherichic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiinflammatory	Shimizu *M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhuema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.
Antilymphedemic	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Antimelanomic 50 mg/day	
Antimetastatic 50 mg/man/day	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Antimitotic	Pandeya, S.N. 1970. Biological Activity of Adamantyl Derivatives. The Indian Journal of Pharmacy, 33: 7.
Antimononucleotic	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antimycoplasmotic	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Antipsittacotic	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Antipsoriac	Pandeya, S.N. 1970. Biological Activity of Adamantyl Derivatives. The Indian Journal of Pharmacy, 33: 7.
Antitoxoplasmotic	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Antitumor 50 mg/day	
Antitumor (GI)	
Antitumor (Kidney) 400-7,000 mg/day	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Antitumor (Prostate) 400-7,000 mg/day	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Bacteristat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Bruchiphobe	
Cancer-Preventive 5-25 ug/ml	Gawron, A. and Glowniak, K. 1987. Cytostatic Activity of Coumarins in vitro. Planta Medica 1987: 526.
Carcinogenic 200 mg/kg orl mus	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.

Cardiotonic				
Chemopreventive				
DME-Inhibitor IC50=57.5 uM	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 134.			
Emetic				
Estrogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.			
Fungicide	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Hemorrhagic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Hepatotoxic 0.8-1.71 mM/kg orl rat				
Hepatotoxic 2,500 ppm diet				
Hepatotoxic 100 mg/kg dog				
Hypnotic	Schultes, R.E. <i>De Plantis Toxicaris e Mundo Novo Tropicale Commentationes XXXVI. Justicia (Acanthaceae) as a Source of an Hallucinogenic Snuff</i> . Economic Botany 44(1): 61-70, 1990.			
Hypoglycemic 250-1,000 mg/kg orl	Economic & Medicinal Plant Research, 6: 165			
Immunostimulant				
Juvabional	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.			
Larvistat	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Lymphocytogenic 100 mg/day	Gawron, A., Gorski*, G., Glowniak**, K. 1989. Increased proliferation of phytohaemagglutinin (PHA)-stimulated human leucocytes after 8-methoxysoralen treatment. <i>J. Pharm. Pharmacol.</i> 42: 194-195, 1990.			
Lymphokinetic				
Narcotic				
Ovicide				
Pesticide				
Phagocytotic	Planta Medica, 56(6): 671, 1990.			
Piscicide	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Respirodepressant				
Rodenticide	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Sedative	Schultes, R.E. <i>De Plantis Toxicaris e Mundo Novo Tropicale Commentationes XXXVI. Justicia (Acanthaceae) as a Source of an Hallucinogenic Snuff</i> . Economic Botany 44(1): 61-70, 1990.			

#### CRYPTOCHLOROGENIC-ACID

Fruit -- -- \*

#### CYANIDIN

Fruit -- -- \*

#### Activities (7)

Allelochemical IC90=1 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antioxidant ID50=3.5-22 uM	
Antioxidant 4.4 x Vit. E	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Metal-Chelator (Copper)	
Pesticide	
Pigment	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Prooxidant	

#### CYANIDIN-3-DIGLUCOSIDE

Fruit -- -- \*

#### CYANIDIN-3-GENTIOBIOSIDE

Fruit -- -- \*

#### CYANIDIN-3-GLUCOSIDE

Stem -- -- \*

#### CYANIDIN-3-GLUCOSYL-RHAMNO-SYLGLUCOSIDE

Stem -- -- \*

#### CYANIDIN-3-MONOGLUCOSIDE

Fruit -- -- \*

#### CYANIDIN-3-RUTINOSIDE

Stem -- -- \*

#### Activities (1)

Antioxidant

#### CYANIDIN-3-SOPHOROSIDE

Stem -- -- \*

#### D,L-CATECHIN

Stem -- -- \*

#### DECAN-1-AL

Plant -- -- \*

#### Activities (1)

Cancer-Preventive

Stitt, P. A. *Why George Should Eat Broccoli*. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

**Activities (2)**

Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Flavor FEMA 5-80	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				

EO

Seed -- 10000.0 -0.42 \*

EPICATECHIN

Plant -- -- \*

**Activities (40)**

Allelochemical IC100=1 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.				
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Anabolic

AntiEBV Economic &amp; Medicinal Plant Research, 6: 189.

AntiHIV EC50=2 ug/ml

Antiaggregant IC94=200 ug/ml

Antianaphylactic

Antibacterial MIC=&gt;1,000 ug/ml

Anticomplementary 1/2 aspirin

Antidiabetic 30 mg/kg rat

Antifeedant

Antihepatitic Vlietinck, A.J. and Dommisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.

Antihyperglycemic

Antiinflammatory

Antileukemic IC50=&gt;10 ug/ml

Antilipoperoxidant

Antimutagenic

Antioxidant IC50=6.3 ug/ml Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.

Antioxidant 2.5 x Vit. E

Antioxidant IC50=10.2 uM

Antioxidant 3/4 quercetin

Antiperoxidant Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor &amp; Frost, London. 791 pp.

Antiviral

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cardiotonic

Choline-Sparing Singleton, V.L. 1981. Naturally Occurring Food Toxicants: Phenolic Substances of Plant Origin Common in Foods. Advances in Food Research 27: 149-217.

Hepatotropic

Hypocholesterolemic Singleton, V.L. 1981. Naturally Occurring Food Toxicants: Phenolic Substances of Plant Origin Common in Foods. Advances in Food Research 27: 149-217.

Hypoglycemic

Insulinogenic Economic &amp; Medicinal Plant Research, 6: 170.

Interleukin-1-alpha-Inhibitor

Interleukin-6-mRNA-Inhibitor

Lipoxygenase-Inhibitor IC50=140 uM Phenolic Compounds in Food and Their Effects on Health. Antioxidants &amp; Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507. ACS, Washington 402 pp.

Lipoxygenase-Inhibitor IC97=&gt;5 mM Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.

NO-Inhibitor

Pancreatogenic

Peroxynitrite-Scavenger IC50=0.181 ug/ml

Pesticide

Propecic

TNF-alpha-Inhibitor

Xanthine-Oxidase-Inhibitor IC50=&gt;40

EUGENOL

Plant -- -- \*

**Activities (76)**

Acaricide LD50=5.47 ug/sq cm cf DEET at 37.59 ug/sq cm

Allergenic

Anesthetic 200-400	Phytotherapy Research, 4: 93.
AntiTNF	
Antiaggregant IC50=0.3 uM	Phytotherapy Research, 4: 93.
Antiarachidonate	
Antibacterial 500 ppm	Valnet, J. 1982. The Practice of Aromatherapy. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.
Antibacterial MBC=400 ug/ml	
Anticonvulsant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiedemic 100	Phytotherapy Research, 4: 95.
Antiestrogenic	
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antigenotoxic 50-500 mg/kg orl mus	
Antihypertetic IC50=16.2-25.6 ug/ml	
Antiinflammatory (11 uM) IC~97=1,000 uM	
Antikeratotic IC50=16.2-25.6 ug/ml	
Antimitotic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antinitrosating	
Antioxidant IC65=30 ppm	
Antioxidant 10 uM	
Antiprostaglandin 11 uM	
Antiprostaglandin IC50=9.2 mM	
Antipyretic 3 ml/man/day	
Antiradicular EC50=2 ul/l	
Antisalmonella MIC=400 ug/ml	
Antiseptic 3 ml/man/day	
Antiseptic 400 ug/ml	
Antispasmodic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antistaphylococcic	Wright,C.W.(Ed)2002.Medical&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antithromboxane	Lawrence Review of Natural Products, Jul-87.
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove ( <i>Eugenia caryophyllata</i> ) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.
Antiulcer	
Antiviral IC50=16.2-25.6 ug/ml	
Apifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
CNS-Depressant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
COX-1-Inhibitor IC97=1,000 uM	
COX-2-Inhibitor IC>97=1,000 uM	
COX-2-Inhibitor IC50=129 uM	
Calcium-Antagonist IC50=224 uM	
Calcium-Antagonist IC50=200 uM gpg	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Phytotherapy Research, 4: 93.
Carcinogenic?	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Choleretic	
Cytochrome-P450-Inhibitor	Pizzorno, J. 1998. Total Wellness. Prima Health, a division of Prima.
Cytotoxic 25 ug/ml	Phytotherapy Research, 4: 93.
Dermatitogenic	
Enterorelaxant	J. Aromatherapy 4: 22.
Flavon FEMA 10-500	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Fungicide	
Hepatoprotective 100 ppm	
Herbicide	
Insecticide	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvicide	

Nematicide MLC=2,000 ug/ml	Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC Shoyakugaku Zasshi, 44: 183.
Neurotoxic	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benficial Nature. The Risk of Herbal Preparations. Ann. Intern. Med. 117(2):165-6; Huxtable, R.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Prostaglandin-Synthesis-Inhibitor 1 mM rbt	Chen, S. J., Wang, M. H., Chen, I. J. 1996. Antiplatelet and Calcium Inhibitory Properties of Eugenol and Sodium Eugenol Acetate. Gen Pharmacol, 27(4): 629-633.
Prostaglandin-Synthesis-Inhibitor IC50=9.2 uM	
Sedative	
Termiticide LD100=5 mg/g	
Trichomonicide LD100=300 ug/ml	
Trichomonistat IC50=10 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Trypsin-Enhancer	Lawrence Review of Natural Products, Dec-93.
Ulcerogenic	Phytotherapy Research, 4: 93.
Varroacide	
Vasodilator	
Vermifuge	

EUGENOL-METHYL-ETHER Plant -- -- \*

#### Activities (5)

CNS-Depressant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
DNA-Binder	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hypothermic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Myorelaxant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

FAT Fruit 3000.0 48000.0 -0.27 \*

FERULIC-ACID Plant -- -- \*

#### Activities (61)

Allelopathic	Holappa, L.D., and Blum*, U. 1991. Effects of Exogenously Applied Ferulic Acid, a Potential Allelopathic Compound, on Leaf Growth, Water Utilization, and Endogenous Abscisic Acid Levels of Tomato, Cucumber, and Bean. J. of Chemical Ecology, 17(5): 865.
Analgesic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 69.
Antiaggregant	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. Chem. Pharm. Bull. 38(6): 1620-1623, 1990.
Antiallergic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antiarrhythmic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticancer (Colon)	
Anticancer (Forestomach)	
Anticancer (Liver)	
Anticancer (Skin)	
Anticarcinogenic	
Antidysmenorrheic	
Antiestrogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiherapeutic	
Antiinflammatory	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Antileukemic IC50=25-56 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antimitotic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antimutagenic	Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antineoplastic (Stomach)	
Antinitrosaminic	Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antioxidant 3,000 uM	
Antioxidant IC51=200 ppm	
Antioxidant 1/3	

Antioxidant 1/2 BHA	
Antioxidant EC50=9-15 ug/ml	
Antiradicular EC50=9-15 ug/ml	
Antiradicular IC50=116-124 uM	
Antiserotonin	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antispasmodic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antithrombic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antitumor (Colon)	
Antitumor (Forestomach)	
Antitumor (Liver)	
Antitumor (Skin)	
Antitumor-Promoter IC46=10 uM	Cancer Research, 48: 5941.
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research.</i> Wiss. Verlag. Stuttgart.
Arteriodilator	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. Chem. Pharm. Bull. 38(6): 1620-1623, 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Cardiac	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. Chem. Pharm. Bull. 38(6): 1620-1623, 1990.
Cholagogue	Pharmazie, 46: 156, 1991.
Choleretic	Williamson, E. M. and Evans, F. J. <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Hepatoprotective	Mills, Simon and Bone, Kerry. 2000. <i>Phytotherapy.</i> Churchill Livingston, Edinburgh.
Hepatotropic	
Herbicide	Angewandte Botanik 68(5/6)=1994. Page 195.
Hydrocholerectic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Hypolipidemic	
Immunostimulant	Economic & Medicinal Plant Research, 1: 124.
Insectifuge	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in Achillea millefolium L. (Asteraceae). Economic Botany 48(2): 111-120, 1994.
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.25.
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. <i>Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health</i> , Ch.19.
Pesticide	
Phagocytotic	
Preservative	Merck 11th Edition
Prostaglandigenic	
Prostaglandin-Synthesis-Inhibitor 0.58-3.2 mM	Xu, L. N., Yu, W. G., Tian, J. Y., Liu, Q. Y. 1990. Effect of Sodium Ferulate on Arachidonic Acid Metabolism. Yao Hsueh Hsueh Pao, 25(6): 412-416.
Sunscreen	Chemical Marketing Reporter; a weekly tabloid, 9/10/92.
Uterosedative 30-100 mg/kg ivn rat	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. Chem. Pharm. Bull. 38(6): 1620-1623, 1990.

FIBER                      Fruit                      2000.0                      79000.0                      -0.59                      \*

#### Activities (15)

Angiotensin-Receptor-Blocker	
Antidiabetic	
Antihypertensive	
Antiobesity	
Antitumor	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Blocker	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Diuretic	
Hypocholesterolemic	
Hypotensive 10 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypouricemic	
Laxative	
Vasodilator	

**Activities (15)**

AntiSpina-Bifida	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antianemic 5-20 mg/man/day	
Anticervicaldysplastic 8-30 mg/wmn/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticheilitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antigingivitic 2-5 mg/day/man	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimyelotoxic 5 mg/day/orl/man	Martindale's 29th
Antineuropathic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperiodontic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplaque	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipsychotic	Martindale's 29th
Hematopoietic	Merck 11th Edition
Uricosuric	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Xanthine-Oxidase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

## FRAXINOL

Plant -- -- \*

**Activities (2)**

Aldose-Reductase-Inhibitor 10 ug/ml cow	Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation.Chem Pharm Bull43(8):1385-1387
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

## FRUCTOSE

Fruit 61000.0 72400.0 0.24 \*

**Activities (8)**

Antialcoholic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antidiabetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihangover	
Antiketotic	Merck 11th Edition
Antinauseant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Laxative	
Neoplastic	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Sweetener 2 x glucose	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

## FUMARIC-ACID

Fruit -- -- \*

**Activities (7)**

Acidulant	Martindale's 28th
Antidermatitic	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antihepatocarcinogenic IC100=1% (diet)	Akao, M. and Kuroda, K. 1990. Inhibitory Effect of Fumaric Acid on Hepatocarcinogenesis by Thioacetamide in Mice. Chem. Pharm. Bull. 38(7): 2012-2014, 1990.
Antioxidant	Merck 11th Edition
Antipsoriac	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antitumor	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
FLavor FEMA 50-3,600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

## GALACTURONIC-ACID

Fruit -- -- \*

## GALLIC-ACID

Plant -- -- \*

**Activities (62)**

ACE-Inhibitor IC50=7.7 mM/l	
Analgesic	
AntiHIV	
AntiMRSA	
Antidiadenovirus	Economic & Medicinal Plant Research, 5: 194.
Antiallergenic	Dorsch, W., Wagner, H. New Antiasthmatic Drugs from Traditional Medicine? Int Arch Allergy Appl Immunol 94: 262-265, 1991.
Antianaphylactic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiangiogenic	

Antibacterial MIC=1,000 ug/ml	
Antibronchitic	Dorsch, W., Wagner, H. New Antiasthmatic Drugs from Traditional Medicine? <i>Int Arch Allergy Appl Immunol</i> 94: 262-265, 1991.
Anticancer	
Anticarcinomic ED50=3	
Antiescherichic	
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.
Antiflu	Economic & Medicinal Plant Research, 5: 194.
Antihepatotoxic	Okuda, T., Yoshida, T., and Hatano, T. Antioxidant Effects of Tannins and Related Polyphenols. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.7 p.93.
Antiherpetic EC50=>10 ug/ml	
Antiinflammatory	Kroes, B.H., et al. 1991. Anti-Inflammatory Activity of Gallic Acid. <i>Planta Medica</i> , 58(6): 499.
Antileishmanic EC50=4.4 ug/ml	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antinitrosaminic	
Antioxidant IC44=33 ppm	
Antioxidant 7 x quercetin	
Antioxidant 2/3 BHA	
Antiperiodontic 10 ug/ml	
Antiperoxidant IC50=69 uM	
Antipolio	Economic & Medicinal Plant Research, 5: 194.
Antiproteolytic 10 ug/ml	
Antiradicular 7 x quercetin	
Antiradicular IC50=4.9 uM	
Antiseptic	Williamson, E. M. and Evans, F. J. <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antistaphylococic MIC=1,000 ug/ml	
Antitumor	
Antitumor-Promoter	
Antiviral	
Apoptotic	
Astringent	Williamson, E. M. and Evans, F. J. <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Bacteristat	Lamikanra, A., Ogundaini, A.O., and Ogungbamila*, F.O. Antibacterial Constituents of Alchornea cordifolia Leaves. <i>Phytotherapy Research</i> 4(5): 198.
Bronchodilator	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Carcinogenic	
Choleretic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Cyclooxygenase- Inhibitor	
Cytotoxic 500 uM	
Floral-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Gram(+)-icide MIC=1,000 ug/ml	
Gram(-)-icide MIC=1,000 ug/ml	
Hemostat	
Hepatoprotective	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Immunomodulator	
Immunostimulant	McKenna, D. J., Hughes, K., and Jones, K. 2000. <i>Green Tea Monograph. Alternative Therapies</i> , 6(3): 61-82.
Immunosuppressant	
Insulin-Sparing	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Myorelaxant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
NO-Inhibitor IC- 26=250 uM	
Nephrotoxic	Martindale's 29th
Pesticide	
Styptic	
Topoisomerase-I- Inhibitor	Hamada, S. I., Kataoka, T., Woo, J. T., Yamada, A., Yoshida, T., Nishimura, T., Otake, N., Nagai, K. 1997. Immunosuppressive Effects by Gallic Acid and Chebulagic Acid on CTL-Mediated Cytotoxicity. <i>Biol Pharm Bull</i> , 20: 1017-1019.
Xanthine-Oxidase- Inhibitor IC50=24 uM	Hatano, T., Yasuhara, T., Yoshihara, R., Agata, I., Noro, T., and Okuda, T. 1989. Effects of Interaction of Tannins with Co-existing Substances.VII. Inhibitory Effects of Tannins Related Polyphenols on Xanthine Oxidase. <i>Chem. Pharm. Bull.</i> 38(5): 1224-1229

## GAMMA-AMINOBUTYRIC-ACID

Fruit -- -- \*

## Activities (22)

Analeptic	
Anticephalagic	
Anticerebral	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antichoreic 1-32 g/man/day	Martindale's 29th
Anticonvulsant 4,120 mg/kg ipr mus	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. <i>Drug Dosage in Laboratory Animals: A Handbook.</i> (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Antihypertensive 1,000-4,000 mg/man/day	
Antiinsomnic	
Antilethargic	
Antistress	
Antitinitic	
Anxiolytic	
CNS-Inhibitor 0.1 mg/kg ivn cat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. <i>Drug Dosage in Laboratory Animals: A Handbook.</i> (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
CNS-Inhibitor 100 mg/kg ivn dog	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. <i>Drug Dosage in Laboratory Animals: A Handbook.</i> (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
CNS-Inhibitor 2,500 mg/kg scu mus	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. <i>Drug Dosage in Laboratory Animals: A Handbook.</i> (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Cardiovascular 208 ivn dog	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. <i>Drug Dosage in Laboratory Animals: A Handbook.</i> (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Diuretic 1,500-4,000 mg/man/day	
Hypotensive 1,000-4,000 mg/day	
Neuroinhibitor	
Neurotoxic to birds	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Neurotransmitter	
Sedative	
Tranquilizer	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.

## GENISTEIN

Fruit -- -- List, P.H. and Horhammer, L., *Hager's Handbuch der Pharmazeutischen Praxis*, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

## Activities (81)

Abortifacient	Cooper-Driver, G. A., <i>Chemical substances in plants toxic to animals</i> , pp. 213-47 in Rechcigl, M., Jr., ed. <i>CRC Handbook of Naturally Occurring Food Toxicants</i> , CRC Press, Boca Raton, 1983, 339 pp.
Aldose-Reductase-Inhibitor IC50=10 uM	
Alpha-Reductase-Inhibitor IC50=35 uM	
Antiaggregant 1-10 ug/ml	Medline (post 1990 searches filed in my computer)
Antiangiogenic 150 uM	
Antiatherosclerotic	Journal of Medicinal Food 2: 163.1999.
Anticancer (Breast) IC50=2.6-6.7 ug/ml	
Anticarcinomic (Breast) IC50=?640 uM	Medline (post 1990 searches filed in my computer)
Anticlimacteric	Duke, J. A. <i>Writeups or information summaries on approximately 2,000 economic plants</i> , USDA, ARS, Beltsville, MD 20705.
Antiedocytotic 100 ug/ml	Medline (post 1990 searches filed in my computer)
Antiestrogenic	
Antifertility	
Antihemolytic	
Antiimplantation	
Antiinflammatory	Journal of Medicinal Food 2: 179.1999.
Antiischemic	Medline (post 1990 searches filed in my computer)
Antileukemic >50 ug/ml (185 uM)	
Antileukemic IC50=0.010 ug/ml	Life Sciences 55: 1061.
Antileukotriene IC50=10-15 uM	Medline (post 1990 searches filed in my computer)
Antilymphomeric	
Antimelanomic	Medline (post 1990 searches filed in my computer)
Antimicrobial	
Antimitogenic IC50=12 uM	
Antimutagenic ID50=50-100 nM	Maga, J.A. <i>Contribution of Phenolic Compounds to Smoke Flavor. Phenolic Compounds in Food and Their Effects on Health</i> , Ch.13.
Antineuroblastomic	
Antiosteoporotic	
Antioxidant	Phenolic Compounds in Food and Their Effects on Health, 64.
Antiproliferative 5-45 uM	

ug/ml

Antiprostatic IC50=35 uM

Antispasmodic IC50=34 uM

Antitumor (Breast)

Antitumor (GI)

Antitumor (Ovary)

Antitumor (Prostate)

Antitumor (Stomach)

Antiulcer?

Antiviral

Apoptotic

Aromatase-Inhibitor  
IC30=1 uM/l Journal of Medicinal Food 2: 235.1999.

Calcium-Antagonist 50 uM  
gpg

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cardioprotective Journal of Medicinal Food 2: 163.1999.

Catechol-O-Methyltransferase-Inhibitor

Cytotoxic >50 ug/ml (185 uM) Medline (post 1990 searches filed in my computer)

Cytotoxic IC89=10 ug/ml Planta Medica, 57: A113, 1991.

DOPA-Decarboxylase-Inhibitor

Estrogen-Agonist 0.1-1 uM/l Journal of Medicinal Food 2: 139.1999.

Estrogenic EC50=0.1-25 uM/l

Flatulent

Fungicide 2.5 mM Geibel, M. 1994. Sensitivity of the Fungus *Cytospora persoonii* to the Flavonoids of *Prunus cerasus*. Phytochemistry. 38(3): 599-601. 1995.

Fungicide ED50=50->100

Fungistat IC34=200 uM

Histidine-Kinase-Inhibitor  
IC50=110 uM Medline (post 1990 searches filed in my computer)

Hypocholesterolemic  
ED50=0.5 mg/kg

Immunostimulant 2-20 mg/kg orl mus

Lipase-Inhibitor

MAO-Inhibitor IC50=60-140 uM

MAO-Inhibitor IC50=95

MDR-Inhibitor 200 uM Castro, A. F., Altenberg, G. A. 1997. Inhibition of Drug Transport by Genistein in Multidrug-Resistant Cell Expressing P-Glycoprotein. Biochem Pharmacol, 53(1): 89-93.

NADH-Ubiquinone-Oxidoreductase-Inhibitor

Natriuretic

Ornithine-Decarboxylase-Inhibitor

PTK-Inhibitor 10-100 uM

Peroxidase-Inhibitor Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

Phytoalexin Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

Pituitary-sensitizer

Medline (post 1990 searches filed in my computer)

Quinone-Reductase-Inducer IC50=4.6 ug/ml

Topoisomerase-I-Inhibitor  
IC50=250 ppm

Topoisomerase-I-Inhibitor 1-10 ug/ml Okura, A., Arakawa, H., Oka, H., Yoshinari, T., Monden, Y. 1988. Effect of Genistein on Topoisomerase Activity and on the Growth of [VAL 12]HA-RAS-Transformed NIH 3T3 Cells. Biochem Biophys Res Commun, 157: 183-189.

Topoisomerase-II-Inhibitor  
IC50=1-150 uM

Topoisomerase-II-Inhibitor 2-7.5 ug/ml

Topoisomerase-II-Inhibitor IC50=30 ug/ml Constantinou, A., Mehta, R., Runyan, C., Rao, K., Vaughan, A., Moon, R. 1995. Flavonoids as DNA Topoisomerase Antagonists and Poisons: Structure-Activity Relationships. J Natural Products, 58: 217-225.

Topoisomerase-II-Inhibitor 20 uM Markovits, J., et al. 1989. Inhibitory Effects of the Tyrosine Kinase Inhibitor Genistein on Mammalian DNA Topoisomerase II. Cancer Research, 49: 5111-5117.

Topoisomerase-II-Poison Journal of Medicinal Food 2: 167.1999.

Trypanosomastat Medline (post 1990 searches filed in my computer)

Tyrosine-Kinase-Inhibitor

Uterotrophic ED50=0.5 mg/kg

Uterotrophic EC50=0.1-25 uM/l

VEGF-Inhibitor

GENISTIN Fruit -- -- \*

**Activities (3)**

Antioxidant	Phenolic Compounds in Food and Their Effects on Health, 64.
Estrogenic	
Fungicide	

GLUCOSE

Fruit      47000.0    55000.0    -0.31    \*

**Activities (7)**

Acetylcholinergic	
Antiedemic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihepatotoxic	Merck 11th Edition
Antiketotic	Merck 11th Edition
Antivaricose	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hyperglycemic	Merck 11th Edition
Memory-Enhancer	Science News, 138: 189, 1990.

GLUCURONIC-ACID

Fruit      --      --      \*

**Activities (4)**

Antidote (Camphor)	
Antidote (Morphine)	
Antihepatotoxic	
Detoxicant	Merck 11th Edition

GLUTAMIC-ACID

Fruit      --      --      \*

**Activities (8)**

Antialkali? 500-1,000 mg/day/orl/man	Martindale's 29th
Antiepileptic	
Antihyperammonemic	Martindale's 29th
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic 125-250 mg 3 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiretardation	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anxiolytic	Merck 11th Edition
Neurotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

GLUTAMINE

Fruit      --      --      \*

**Activities (5)**

Antialcoholic 1,000 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antidepressant	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antisickling	
Ant溃疡 1,600 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Catabolic	Tramil

GLYCINE

Fruit      --      --      \*

**Activities (12)**

Antacid	Martindale's 29th
Antialdosteronic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antidote (Hypoglycin-A)	Martindale's 29th
Antiencephalopathic	Martindale's 29th
Antigastritic	Martindale's 29th
Antiprostatic 125-250 mg 3 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipruritic	Merck 11th Edition
Antisickling	Ekeke, G.I. and Shode, F.O. 1988. Phenylalanine is the Predominant Antisickling Agent in Cajanus cajan Seed Extract. <i>Planta Medica</i> 56(1): 41, 1990.
Antiulcer	Martindale's 29th
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Neuroinhibitor	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Uricosuric	

HCN

Fruit      --      --      \*

**Activities (9)**

Antidote IhI (=Amyl Nitrite)	Martindale's 29th
Antitussive	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Bronchosedative	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Insecticide	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Pesticide	
Respirastimulant	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Rodenticide	Martindale's 29th
Vasomotor-Stimulant	

HYPERSIDE	Plant	--	--	*
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#### Activities (30)

Aldose-Reductase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Analgesic	
Antiaging	
Antibacterial MIC=250-500 ug/ml	Planta Medica, 57: A43, 1991.
Anticancer	
Anticapillary-Fragility	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Antidermatitic	
Antielastase IC50=0.15 ug/ml	
Antiflu	Leung, A.Y., <i>Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics</i> , John Wiley & Sons, New York, 1980.
Antihepatotoxic	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Antiinflammatory 1/4 indomethacin	Planta Medica, 57: A131, 1991.
Antischismic	
Antinociceptive	
Antioxidant IC50=4.6 uM	
Antiradicular	
Antitussive	
Antiviral	
Antiwrinkle	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Capillarifortificant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Capilarigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Cyclooxygenase-Activator 100 uM	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Diuretic	
Hepatoprotective IC80=30 ug/ml	Mayumi Ito (nee Someya), et al. 1990. Hepatoprotective Compounds from <i>Canarium album</i> and <i>Euphorbia nematocypha</i> . <i>Chem. Pharm. Bull.</i> 38(8): 2201-2203, 1990.
Hypotensive ivn dog	
Pesticide	
Tissue-Thromboplastin-Inhibitor IC50=20.8 uM	
Xanthine-Oxidase-Inhibitor	
cAMP-Inhibitor IC50=0.14 mg/ml	Schüssler, M., Fricke, U., Nikolov, N., and Holzl, J. 1991. Comparison of the Flavonoids Occurring in <i>Crataegus</i> species and Inhibition of 3',5'-Cyclic Adenosine Monophosphate Phosphodiesterase. <i>Plant Medica</i> 57: Suppl Issue 2. p.A-133.

IRON	Fruit	3.0	78.0	-0.22	*
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#### Activities (6)

Antiakathisic	Martindale's 29th
Antianemic	Martindale's 29th
Anticancer	
Anticheilitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antimennorrhagic 100 mg/day/wmn/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant	

ISOCHLOROGENIC-ACID	Fruit	--	--	*
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#### Activities (4)

Antioxidant	Phenolic Compounds in Food and Their Effects on Health, 64.
Antiseptic	J. Nat. Prod. 46(5).
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Pesticide	

## ISOVALERIC-ACID

Fruit -- -- \*

## Activities (5)

Flavor FEMA 1-16	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Irritant	Zebowitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Merck 11th Edition
Sedative	
Tranquilizer	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

## KAEMPFERIDE

Plant -- -- \*

## Activities (5)

Antiinflammatory	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Aromatase-Inhibitor IC19=1 uM/l	Journal of Medicinal Food 2: 235.1999.
Quinone-Reductase-Inducer	Yannai, S., Day, A. J., Williamson, G., Rhodes, M. J. C. 1998. Characterization of Flavonoids as Monofunctional or Bifunctional Inducers of Quinone Reductase in Murine Hepatoma Cell Lines. Food Chem Toxicol, 36(8): 623-630.
Topoisomerase-I-Inhibitor	Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. Toxicol Ind Health, 14: 223-237.

## KAEMPFEROL

Plant -- -- \*

## Activities (75)

11B-HSD-Inhibitor	
5-Lipoxygenase-Inhibitor IC50 (uM)=20	
Aldose-Reductase-Inhibitor 100 uM	Oliveira, T. T., Nagem, T. J., Miranda, L. C. G., Paula, V. F., Teixeira, M. A. 1997. Inhibitory Action on Aldose Reductase by Soybean Flavonoids. J Braz Chem Soc, 8(3): 211-213.
Antiaflatoxin IC50=8.73 uM	
Antiaflatoxin IC50=3.28 ppm	
Antiaggregant 30 uM	
Antiallergic	
Antibacterial 20 ug/ml	
Anticancer	
Antifertility 250 mg/kg/day/60 days/orl rat	Kumar, P., Dixit*, V.P., and Khanna, P. Antifertility Studies of Kaempferol: Isolation and Identification from Tissue Culture of some Medicinally Important Plant Species. Plantes medicinales et phytotherapie, 23: 193-201, 1989.
Antigingivitic 20 ug/ml	
Antiherpetic 23-92 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. J. of Natural Products 55(12):1732-1740, 1992.
Antihistaminic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, réprint 1989.
Antiimplantation	
Antiinflammatory 20 mg/kg	
Antiinflammatory 200 mg/kg ipr rat	
Antileukemic IC50=3.1 ug/ml	Life Sciences 55: 1061.
Antilymphocytic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antimutagenic ID50=10-40 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Antioxidant IC50=40 uM	
Antioxidant 3/4 quercetin	
Antioxidant IC50=1.2 ug/ml	
Antiperiodontic 20 ug/ml	
Antiplaque 20 ug/ml	
Antiradicular 7 x quercetin	
Antiseptic 20 ug/ml	
Antiserotonin 200 mg/kg ipr rat	
Antispasmodic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, réprint 1989.
Antistaphylococcic	
Antitumor	
Antitumor-Promoter	Yasukawa, K., Takido, M., Takeuchi, M., Sato, Y., Nitta, K., and Nakagawa, S. 1989. Inhibitory Effects of Flavonol Glycosides on 12-O-Tetradecanoylphorbol-13-acetate-Induced Tumor Promotion. Chem. Pharm. Bull. 38(3): 774-776, 1990.
Antulcer 50-200 mg/kg ipr rat	

Apoptotic 60 uM	
Aromatase-Inhibitor IC12=1 uM/l	Journal of Medicinal Food 2: 235.1999.
COX-2-Inhibitor	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic	Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. Zulu Medicinal Plants. An inventory. University of Natal Press, Pietermaritzburg. 450 pp.
Choleretic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Copper-Chelator	
Cyclooxygenase-Inhibitor IC50 (uM) =20	
Cytotoxic	
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Diuretic	
Estrogenic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.
Estrogenic EC50=0.56 uM	
Fungicide 20 ug/ml	Father Nature's Farmacy: The aggregate of all these three-letter citations.
HIV-RT-Inhibitor IC50=50-150 ug/ml	Garcia, J., Morin,* C., Nyasse, B., Sondengam, B-L., Tchouankeu, J-C., and Tsamo, E. Complete Structural Assignments Of An Ergosterol Derivative From Entandrophragma utile. Journal of Natural Products, 54(1): 136-142, 1991.
Hepatoprotective IC50=5.46 uM	
Hepatoprotective IC50=1.30 ppm	
Hypotensive	
ICAM-1-Inhibitor	
Inotropic	
Iodothyronine-Deiodinase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
JNK-Inhibitor	
Lipoxygenase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
MAO-Inhibitor	
Mutagenic	
NO-Inhibitor IC50=13.9 uM	
Natriuretic	
Neuroprotective	
PAF-Inhibitor	
Pesticide	
Protisticide	Meckes, M., Calzada, F., Tapia-Contreras, A., Cedillo-Rivera, R. 1999. Antiprotozoal Properties of <i>Helianthemum glomeratum</i> . Phytotherapy Research, 13(2): 102-105.
Quinone-Reductase-Inducer 3 uM	
TNF-alpha-Inhibitor IC50=3.99 uM	
Teratologic	
Topoisomerase-I-Inhibitor	Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. Toxicol Ind Health, 14: 223-237.
Topoisomerase-II-Inhibitor IC50=8.1 ug/ml	Constantinou, A., Mehta, R., Runyan, C., Rao, K., Vaughan, A., Moon, R. 1995. Flavonoids as DNA Topoisomerase Antagonists and Poisons: Structure-Activity Relationships. J Natural Products, 58: 217-225.
Tyrosinase-Inhibitor ID50=230 uM	
Uterotrophic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.
Vasodilator	
cAMP-Phosphodiesterase-Inhibitor	
iNOS-Inhibitor IC50=<15 uM	
iNOS-Inhibitor IC50=13.9 uM	

LACTIC-ACID	Fruit	--	--	*
<b>Activities (8)</b>				
Acidulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antileukorrheic	Martindale's 29th			
Antioxidant Synergist	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antivaginitic	Martindale's 29th			
Antixerotic	Martindale's 29th			
FLavor FEMA 10-25,000	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry			
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.			
Keratolytic	Martindale's 28th			

LEUCINE	Fruit	--	--	*	
<b>Activities (2)</b>					
Antinecephalopathic	Martindale's 29th				
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
LEUCOCYANIDIN	Fruit	--	--	*	
<b>Activities (1)</b>					
Capillaroprotective				Merck 11th Edition	
LINALOL	Fruit	--	--	*	
LINOLEIC-ACID	Seed	127200.0	169600.0	0.54	*
<b>Activities (27)</b>					
5-Alpha-Reductase-Inhibitor					
AntiMS	Economic & Medicinal Plant Research, 6: 189.				
Antiacne					
Antialopeptic					
Antianaphylactic	Economic & Medicinal Plant Research, 6: 189.				
Antiandrogenic					
Antiarteriosclerotic					
Antiarthritic	Economic & Medicinal Plant Research, 6: 189.				
Anticoronal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antieczemic	Economic & Medicinal Plant Research, 6: 189.				
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.				
Antigranular					
Antihistaminic	Economic & Medicinal Plant Research, 6: 189.				
Antiinflammatory IC50=31 uM					
Antileukotriene-D4 IC50=31 uM					
Antimenorrhagic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Carcinogenic	Science News, 146: 421.				
Comedolytic					
Hepatoprotective					
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)				
Immunomodulator	Economic & Medicinal Plant Research, 6: 189.				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Metastatic	Science News, 146: 421.				
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.				
Propreptic					
LINOLEIC-ACID	Fruit	460.0	3312.0	-0.31	*
<b>Activities (27)</b>					
5-Alpha-Reductase-Inhibitor					
AntiMS	Economic & Medicinal Plant Research, 6: 189.				
Antiacne					
Antialopeptic					
Antianaphylactic	Economic & Medicinal Plant Research, 6: 189.				
Antiandrogenic					
Antiarteriosclerotic					
Antiarthritic	Economic & Medicinal Plant Research, 6: 189.				
Anticoronal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antieczemic	Economic & Medicinal Plant Research, 6: 189.				
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.				
Antigranular					
Antihistaminic	Economic & Medicinal Plant Research, 6: 189.				
Antiinflammatory IC50=31 uM					
Antileukotriene-D4 IC50=31 uM					
Antimenorrhagic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				

Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic	Science News, 146: 421.
Comedolytic	
Hepatoprotective	
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Immunomodulator	Economic & Medicinal Plant Research, 6: 189.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Metastatic	Science News, 146: 421.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Propecic	
 <b>MAGNESIUM</b>	
	Fruit      90.0      648.0      -0.69      *
<b>Activities (65)</b>	
AntiCFS	
AntiLyme 400-1,000 mg	
AntiMS	
AntiPMS 400-800 mg/day/wmn/orl	
AntiPMS 400-800 mg/day/wmn orl	
AntiRaynaud's 280-350 mg/day	
Antiaggregant 400 mg/day	
Antialcoholic	
Antianginal 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antianorectic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antianxiety 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiarrhythmic 400 mg/day	
Antiarthritic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiatherosclerotic 400 mg/day	
Anticephalagic	
Anticlimacteric 500-750 mg/day	
Anticonvulsant	Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp.
Anticorony 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic 400-800 mg/man/day	
Antidysmenorrheic 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiedometriotic 500 mg/day	
Antienterotic	
Antiepileptic 450 mg/day	
Antifatigue	
Antifibromyalgic 200-300 mg 3x/day	
Antigastric	
Antiglaucomic	
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antihypoglycemic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiinflammatory 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimastalgic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 500-750 mg/day	
Antimigraine 200 mg/day/man	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimiral-valve-prolapse	
Antinephrolytic	
Antineurotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antosteoporotic 500-1,000 mg/day/wmn/orl	
Antiplaque 500-1,000 mg/day	
Antiretinopathic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antispasmodic	
Antispasmophilic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antistroke 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 400 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Anxiolytic 500-750 mg/day	
CNS-Depressant	Facciola, S. 1998. <i>Cornucopia - A Source Book of Edible Plants</i> . Kampong Publications, Vista CA. 713 pp.
Calcium-Antagonist	
Cardioprotective	
Diuretic	
Hypocholesterolemic 400 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Hypotensive 260-500 mg/day	
Immunomodulator	
Insulinogenic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Laxative 300-500 mg/day	
Litholytic	
Myorelaxant 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Neurotransmitter	
Tranquilizer 500-750 mg/day	
Uterorelaxant 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Vasodilator	

#### MALEIC-ACID

Fruit -- -- \*

#### MALIC-ACID

Fruit Juice -- -- \*

#### Activities (15)

Antiatherosclerotic	
Antibacterial	
Antifibromyalgic 300 mg 3x/day	
Antioxidant Synergist	Merck 11th Edition
Antiseborrheic	
Antiseptic	Martindale's 29th
Antitubercular	
Antitumor	Economic & Medicinal Plant Research, 6: 235.
Bacteristat	
Bruchiphobe	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Hemopoietic	
Laxative?	Lawrence Review of Natural Products, Sep-91.
Mycobactericide	
Pesticide	
Sialogogue	Martindale's 29th

#### MANGANESE

Fruit 1.0 8.0 -0.35 \*

#### Activities (14)

AntiPMS	
Antialcoholic	Forest H. Nielsen, USDA, Grand Forks, various publications.
Antianemic	Martindale's 28th
Antiarthritic	
Antidiabetic 3-5 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antidiabetic 10-30 mg/man/day	
Antidiscotic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidyskinetic	Martindale's 28th
Antiepileptic 450 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiosteoporotic	
Antiototic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antioxidant	
Antisynrome-X 10-30 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Hypoglycemic 10-30 mg/man/day	

#### MANNITOL

Fruit -- -- \*

#### Activities (18)

Allergenic	Martindale's 29th
Analgesic	

AntiReye's	Martindale's 29th
Antiglaucomic	Martindale's 28th
Antiinflammatory	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Antimutagenic	
Antinephritic	Martindale's 29th
Antioxidant	Jim Duke's personal files.
Antiradicular	
Antispasmodic	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Diuretic	Merck 11th Edition
Emetic	Martindale's 28th
Flatugenic	Martindale's 29th
Laxative	
Nephrotoxic	Martindale's 29th
Pesticide	
Sweetener	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

MESOCYANIN                      Fruit        --        --        \*

METHYL-SALICYLATE              Plant        --        --        \*

#### Activities (21)

Allergenic	Martindale's 28th
Analgesic	
Anaphrodisiac	
Antiinflammatory	Planta Medica, 56(6): 660, 1990.
Antioxidant	
Antipyretic	
Antiradicular	O'Connell, M.J., Webster, N.R. 1989. Hyperoxia and salicylate metabolism in rats. J. Pharm. Pharmacol. 42: 205-206, 1990.
Antirheumatalgic	Martindale's 28th
Antiseptic	
Antitartar	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carminative	
Counterirritant	Merck 11th Edition
Dentifrice	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
FLavor FEMA 70-8,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Herpetifuge	
Insectifuge	Hardie, J., Isaacs, R., Pickett,* J.A., Wadhams, L.J., and Woodcock, C.M. 1994. Methyl Salicylate and (−)-(1R,5S)-Myrtenal are Plant-Derived Repellents for Black Bean Aphid, <i>Aphis Fabae</i> Scop. (Homoptera: Aphididae). J. of Chemical Ecology, 20(11):2847.
Insectiphile	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

MYRISTIC-ACID                      Fruit        20.0        144.0        -0.26        \*

#### Activities (6)

Antioxidant IC71=60	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

MYRISTIC-ACID                      Seed        600.0        800.0        -0.29        \*

#### Activities (6)

Antioxidant IC71=60	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

## Activities (56)

11B-HSD-Inhibitor

Aldose-Reductase-Inhibitor IC25=1 uM Shimizu, M., Ito, T., Terashima, S., Hayashi, T., Arisawa, M., Morita, N., Kurokawa, S., Ito, K., and Hashimoto, Y. 1984. Inhibition of Lens Aldose Reductase by Flavonoids. *Phytochemistry*, 23: 1885-1888.

Aldose-Reductase-Inhibitor IC78=10 uM Shimizu, M., Ito, T., Terashima, S., Hayashi, T., Arisawa, M., Morita, N., Kurokawa, S., Ito, K., and Hashimoto, Y. 1984. Inhibition of Lens Aldose Reductase by Flavonoids. *Phytochemistry*, 23: 1885-1888.

Aldose-Reductase-Inhibitor 100 uM Oliveira, T. T., Nagem, T. J., Miranda, L. C. G., Paula, V. F., Teixeira, M. A. 1997. Inhibitory Action on Aldose Reductase by Soybean Flavonoids. *J Braz Chem Soc*, 8(3): 211-213.

Aldose-Reductase-Inhibitor 1 ug/mL Aida, K., Tawata, M., Shindo, H., Onaya, T., Sasaki, H., Yamauchi, T., Chin, M.(Chen, Z.), and Mitsuhashi, H. 1989. Isoliquiritigenin: A New Aldose Reductase Inhibitor from Glycyrrhizae Radix. *Planta Medica* 56(3): 254-258.

AntiHIV IC35=200 ug/ml

Antiacetylcholinesterase

Antiaflatoxin IC50=12 uM

Antiaflatoxin IC50=3.37 ppm

Antiaggregant

Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antialzheimeran

Antiamnesic

Antiamyloid-Beta

Antibacterial MIC=250-500 ug/ml

*Planta Medica*, 57: A43, 1991.

Anticancer

Antiescherichic

Antiestrogenic

Antifibrotic

Antihepatotoxic

Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antiherpetic

Economic & Medicinal Plant Research, 5: 197.

Antiinflammatory 20 ppm

Antileukemic IC50=>10 ug/ml

*Life Sciences* 55: 1061.

Antimutagenic ID50=50-100 nM

Maga, J.A. Contribution of Phenolic Compounds to Smoke Flavor. *Phenolic Compounds in Food and Their Effects on Health*, Ch.13.

Antioxidant 7 x quercetin

Antiperistaltic

Antiperoxidative

Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antiradicular 7 x quercetin

Antisindhis IC50=15 ug/ml

Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antispasmodic

Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antistaphylococcic

Antitumor

Antitumor-Promoter

Antiulcer

*Fitoterapia* No.5-1990.

Antiviral IC50=15 ug/ml

Aphidifuge

Aromatase-Inhibitor IC45=1 uM/l

*Journal of Medicinal Food* 2: 235.1999.

Cancer-Preventive

Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Candidicide

Choleretic

Cytochrome-P450-Inhibitor

Pizzorno, J. 1998. Total Wellness. Prima Health, a division of Prima.

Decarboxylase-Inhibitor

Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Embryotoxic

Estrogenic EC50=0.1-25 uM/l

Fungicide 2.5 mM

Fungistat

Weidenborner, M., Hindorf, H., Jha, H.C., and Tsotsonos, P. 1989. Antifungal Activity of Flavonoids Against Storage Fungi of the Genus Aspergillus. *Phytochemistry*. 29(4): 1103-1105.

Hepatoprotective IC50=12 uM

Hepatoprotective IC50=3.37 ppm

Neuroprotective

P450-Inhibitor

Pesticide

Serotonin-Inhibitor

Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

TNF-alpha-Inhibitor IC50=14.41 uM

Teratogenic

Uterotrophic EC<sub>50</sub>=0.1-25 uM/l

Journal of Medicinal Food 2: 227.1999.

cAMP-  
Phosphodiesterase-  
Inhibitor

Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

#### NEO-CHLOROGENIC-ACID

Fruit -- -- \*

#### Activities (2)

Antiinflammatory

Vulnerary

#### NIACIN

Fruit 4.0 32.0 -0.38 \*

#### Activities (39)

Allergenic Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

AntiLyme 50 mg/day

Duke, J. A. Write ups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.

AntiMeniere's

AntiRaynaud's 1,500-4,000 mg/day

Antiacrodyic

Antiallergic 50 mg/2x/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antialzheimeran

Antiambyopic

Antianginal

Anticataract

Antichilblain

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Anticonvulsant 3 g/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antidementia

Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Antidermatitic

Antidiabetic

Antidysphagic

Antiepileptic 3 g/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antihangover 50 mg

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antihistaminic 50 mg 2x/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antihyperactivity 1.5-6 g/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antiinsomnic 1 g/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antineuragic

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antiparkinsonian 100 mg/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antipellagric

Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Antiscotomic

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antispasmodic 100 mg 2x/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antivertigo

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Cancer-Preventive

Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cardioprotective

Circulotonic

Fibrinolytic

Hepatoprotective

Hepatotoxic

Hypocholesterolemic 50-100 mg 3x/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Hypoglycemic

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Hypolipidemic

Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Sedative

Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Serotonergic

Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Vasodilator

Martindale's 29th

#### O-CRESOL

Plant -- -- \*

#### Activities (6)

Allelochemic IC<sub>50</sub>=0.36 mM

Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.

Antimutagenic

Economic & Medicinal Plant Research, 6: 235.

Antiseptic

Merck 11th Edition

Cancer-Preventive

Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Pesticide

Rodenticide LD 50=620 cut rat

**Activities (5)**

Candidicide	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
FLavor FEMA 3-20	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Pesticide	

## OLEANOLIC-ACID

Fruit -- -- \*

**Activities (64)**

Abortifacient	
AntiHIV IC50=21.8 ug/ml	
AntiHIV EC50=1.7 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
AntiPGE2 IC50=24 uM	
AntiTGF-beta IC50=19-24 uM	
Antiallergic	
Antiarrhythmic 40 mg/kg	
Antiatherosclerotic	
Antibacterial MIC=625-1,250 ug/ml	
Anticarcinomic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Anticariogenic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Anticomplement IC40-50 0.01 mM/l gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Anticomplement IC80-90 0.05 mM/l gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Antiedemic IC36=40 mg/kg ipr rat	
Antifertility	
Antigingivitic MIC=625-1,250 ug/ml	
Antihepatotoxic	
Antihyperlipidemic	
Antiinflammatory 40 mg/kg ipr	Aquino, R., De Feo, V., De Simone, F., Pizza, C.*, and Cirino, G. Plant Metabolites. New Compounds And Anti-Inflammatory Activity Of Uncaria tomentosa. <i>Journal of Natural Products</i> , 54(2): 453-459, 1991.
Antiischemic 40 mg/kg	
Antileukemic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antileukotriene IC50=17 uM	
Antimalarial IC50=70-89 ug/ml	
Antinephritic IC50=19-24 uM	
Antioxidant	Balanehru, S. and Nagarajan, B. 1992. Intervention of Adriamycin Induced Free Radical Damage. <i>Biochemistry International</i> 28(4): 735-744, 1992.
Antioxidant IC46=10 uM	
Antiperiodontic MIC=625-1,250 ug/ml	
Antiperioxidant IC30=200 ug/ml	
Antiplaque MIC=625-1,250 ug/ml	
Antiplasmodial IC50=70-89 ug/ml	
Antisarcomic	
Antiseptic MIC=625-1,250 ug/ml	
Antitumor	
Antitumor (Breast)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Colon)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Kidney)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Lung)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Pancreas)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antiulcer >carbenoxolone	
Antiviral EC50=1.7 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
Antiviral IC50=21.8 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
Aromatase-Inhibitor	

Beta-Glucuronidase-Inhibitor	~100 mg/kg
COX-2-Inhibitor	IC50=295 uM/
COX-2-Inhibitor	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from Plantago major, a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	40 mg/kg
Cardiotonic	
Cyclooxygenase-Inhibitor	
Diuretic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Elastase-Inhibitor	IC50=~15 uM
Hepatoprotective	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 211.
Hypolipemic	
Hypotensive	
Immunomodulator	
Leucocytogenic	
NF-kB-Inhibitor	
Phagocytotic	
Piscicide	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Prostaglandin-Synthesis-Inhibitor	igs mus
Sedative	
Uterotonic	
Vasopressor	

OLEIC-ACID	Seed	148200.0	197600.0	0.65	*
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#### Activities (18)

5-Alpha-Reductase-Inhibitor	
Allergenic	
Alpha-Reductase-Inhibitor	
Anemiagenic	
Antialope cic	
Antiandrogenic	
Antiinflammatory	IC50=21 uM
Antileukotriene-D4	IC50=21 uM
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic 5 ml/man	
Dermatitigenic	
FLavor FEMA 1-30	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Merck 11th Edition
Percutaneostimulant	Seki, T., Toeda, C., Kawaguchi, T., Juni, K., Sugabayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. <i>Chem. Pharm. Bull.</i> 38(11): 3086-3089, 1990.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Propecic	

OLEIC-ACID	Fruit	810.0	5832.0	-0.44	*
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#### Activities (18)

5-Alpha-Reductase-Inhibitor	
Allergenic	
Alpha-Reductase-Inhibitor	
Anemiagenic	
Antialope cic	
Antiandrogenic	
Antiinflammatory	IC50=21 uM
Antileukotriene-D4	IC50=21 uM
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic 5 ml/man	
Dermatitigenic	
FLavor FEMA 1-30	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Merck 11th Edition
Percutaneostimulant	Seki, T., Toeda, C., Kawaguchi, T., Juni, K., Sugibayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. <i>Chem. Pharm. Bull.</i> 38(11): 3086-3089, 1990.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Propeptic	

P-COUMARIC-ACID	Fruit	--	--	*
<b>Activities (25)</b>				
Aldose-Reductase-Inhibitor 4 ug/ml (weak activity)	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.			
Allelopathic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Antibacterial	<i>Pharmazie</i> , 46: 156, 1991.			
Anticlastogen				
Antifertility				
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Antileukemic IC50=25-56 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.			
Antinitrosaminic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.			
Antioxidant IC24=30 ppm				
Antioxidant 1/3 BHA				
Antiperoxidant IC50=>100 uM	<i>Planta Medica</i> , 57: A54, 1991.			
Antiseptic				
Antispasmodic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.			
Antitumor				
Cancer-Preventive				
Chemopreventive				
Choleretic				
Cytotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.			
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.			
Lipoxygenase-Inhibitor IC11=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.			
Pesticide				
Prostaglandigenic				
Prostaglandin-Synthesis-Inhibitor				
Tyrosinase-Inhibitor ID50=3,650 uM				

P-CRESOL	Plant	--	--	*
<b>Activities (8)</b>				
Allelochemical IC50=1.13 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.			
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.			
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
FLavor FEMA <1	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Parasiticide	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Pesticide				
Rodenticide LD50=1,100 cut rat				

P-HYDROXY-BENZOIC-ACID	Plant	--	--	*
<b>Activities (13)</b>				
Antibacterial				
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.			
Antioxidant	Phenolic Compounds in Food and Their Effects on Health, 65.			
Antiradicular				
Antisickling 10.5 ug/ml				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Fungistat EC50=607 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.			
Immunosuppressant				
Pesticide				

Prostaglandogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
Secretagogue	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp.				
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
PAEONIDIN	Fruit	--	--	*	
PAEONIDIN-3-DIGLUCOSIDE	Plant	--	--	*	
PAEONIDIN-3-RUTINOSIDE	Fruit	--	--	*	
PALMITIC-ACID	Seed	12900.0	17200.0	-0.34	*
<b>Activities (13)</b>					
5-Alpha-Reductase-Inhibitor					
Antialopetic					
Antiandrogenic					
Antifibrinolytic		Economic & Medicinal Plant Research, 1: 53.			
Antioxidant IC40=60					
FLavor FEMA 1		Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals.</i> CRC Press. Boca Raton, FL. 566 pp.			
Hemolytic					
Hypercholesterolemic		Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)			
Lubricant		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
Nematicide		Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.			
Pesticide					
Propeptic					
Soap		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
PALMITIC-ACID	Fruit	480.0	3456.0	-0.31	*
<b>Activities (13)</b>					
5-Alpha-Reductase-Inhibitor					
Antialopetic					
Antiandrogenic					
Antifibrinolytic		Economic & Medicinal Plant Research, 1: 53.			
Antioxidant IC40=60					
FLavor FEMA 1		Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals.</i> CRC Press. Boca Raton, FL. 566 pp.			
Hemolytic					
Hypercholesterolemic		Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)			
Lubricant		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
Nematicide		Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.			
Pesticide					
Propeptic					
Soap		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
PALMITOLEIC-ACID	Fruit	10.0	72.0	-0.33	*
<b>Activities (2)</b>					
5-Alpha-Reductase-Inhibitor					
Soap		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
PANTOTHENIC-ACID	Fruit	1.0	10.0	-0.52	*
<b>Activities (11)</b>					
Antiallergic 100-500 mg/day		Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.			
Antiarthritic 500-2,000 mg/day					
Anticephalagic		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
Anticlaudificant?		Martindale's 29th			
Antidermatitic		Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.			
Antifatigue		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
Antihypercholesterolemic 300 mg/meal		Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.			
Antiigelus?		Martindale's 29th			

Antirheumatic?	Martindale's 29th				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
PECTINESTERASE	Fruit	--	--	*	
PECTINS	Fruit	6000.0	18000.0	-0.65	*
PHENYLALANINE	Fruit	--	--	*	
<b>Activities (7)</b>					
AntiADD 587 mg/day/orl	Martindale's 29th				
Antidepressant 50-4,000 mg/day/man					
Antiparkinsonian 200-500 mg/day/man	Martindale's 28th				
Antisickling 690 ug/ml					
Antivitiligo 100 mg/kg/day/orl/man	Martindale's 29th				
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Tremorigenic 1,600-12,600 mg/man/day	Martindale's 28th				
PHOSPHORUS	Fruit	150.0	2302.0	-0.28	*
<b>Activities (4)</b>					
Antiosteoporotic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.				
Anxiolytic					
Immunostimulant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.				
Osteogenic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.				
PIPECOLIC-ACID	Fruit	--	--	*	
<b>Activities (2)</b>					
Herbistat	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Pesticide					
POTASSIUM	Fruit	1120.0	19277.0	0.12	*
<b>Activities (14)</b>					
Angiotensin-Receptor-Blocker					
Antiarrhythmic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.				
Antidepressant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.				
Antifatigue	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.				
Antihypertensive					
Antispasmodic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.				
Antistroke					
Anxiolytic					
Beta-Blocker					
Cardioprotective 3,000-5,000 mg					
Cardiotoxic 18,000 mg/man/day					
Diuretic					
Hypotensive					
Vasodilator					
PROLINE	Fruit	--	--	*	
PROTEIN	Fruit	9890.0	103000.0	-0.09	*
PROTOPECTIN	Fruit	--	--	*	
PRUNASIN	Seed	--	--	*	
<b>Activities (2)</b>					
Aldose-Reductase-Inhibitor 0.1 mM/l rat	Fujita, T., Ohira, K., Miyatake, K., Nakano, Y., Nakayama, M. 1995. Inhibitory Effect of Perillosides A and C, Related Monoterpene Glucosides on Aldose Reductase and Their Structure-Activity Relationships. <i>Chem Pharm Bull</i> , 43(6): 920-926.				
Cyanogenic	Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. <i>CRC Handbook of Naturally Occurring Food Toxicants</i> , CRC Press, Boca Raton, 1983, 339 pp.				
PRUNETIN	Fruit	--	--	*	
<b>Activities (2)</b>					
Fungicide 2.5 mM	Geibel, M. 1994. Sensitivity of the Fungus <i>Cytospora persoonii</i> to the Flavonoids of <i>Prunus cerasus</i> . <i>Phytochemistry</i> . 38(3): 599-601. 1995.				
Pesticide					

**Activities (176)**

11B-HSD-Inhibitor	
5-Lipoxygenase-Inhibitor IC50 ( $\mu$ M)=4	
ATPase-Inhibitor	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Aldehyde-Oxidase-Inhibitor IC70=96= $10\text{ }\mu\text{M}$	
Aldose-Reductase-Inhibitor 100 $\mu\text{M}$	
Aldose-Reductase-Inhibitor 4 ug/ml	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.
Aldose-Reductase-Inhibitor IC50=0.84 ug/ml cow	Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation. <i>Chem Pharm Bull</i> 43(8):1385-1387
Aldose-Reductase-Inhibitor IC50=0.344 $\mu\text{M}$	Mao, X. M., Zhang, J. Q. 1993. Inhibition of Aldose Reductase by Extracts of Chinese Herbal Medicine. <i>Zhongguo Zhongyao Zazhi</i> , 18(10): 623-624.
Allelochemic IC82=1 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Allergenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Analgesic	
AntiCrohn's 400 mg/man/3x/day	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiGTF ID50=120 ug/ml	
AntiHIV	
AntiPMS 500 mg/2x/day/wmn	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaflatoxin IC50=25 $\mu\text{M}$	
Antiaflatoxin IC50=7.5 ppm	
Antiaggregant IC50=55 $\mu\text{M}$	Economic & Medicinal Plant Research, 5: 333.
Antiaggregant 30 $\mu\text{M}$	
Antiaging	
Antiallergic IC50=14 $\mu\text{M}$	Jim Duke's personal files.
Antialzheimeran	
Antianaphylactic	Meli, R., Autore, G., Di Carlo, G., Capasso, F. Inhibitory Action of Quercetin on Intestinal Transit in Mice. <i>Phytotherapy Research</i> 4(5): 201, 1990.
Antiangiogenic	
Antiarthritic	
Antiasthmatic IC50=14 $\mu\text{M}$	
Antiatherosclerotic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Anticarcinomic (Breast) IC50=1.5 $\mu\text{M}$	Medline (post 1990 searches filed in my computer)
Anticariogenic ID50=120 ug/ml	
Anticataract	
Anticolic 400 mg/man/3x/day	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticomplementary	
Anticystitic 1,000 mg/day/4 weeks	
Antidepressant	
Antidermatitic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antidiabetic	
Antielastase IC50=0.8 ug/ml	
Antiepileptic	Economic & Medicinal Plant Research, 5: 199.
Antiescherichic	
Antiesticogenic	
Antifeedant IC52=<1,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antifibrosarcomic	
Antiflu	Vlietinck, A.J. and Domisse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research</i> . Wiss. Verlag. Stuttgart.
Antigastric	Rastite'nye Resursy, 21: 85.
Antigonadotropic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antihepatotoxic	Joyeux, M., Rolland, A., Fleurentin, J., Mortier, F., and Dorfman, P. 1989. Tert-Butyl Hydroperoxide-Induced Injury in Isolated Rat Hepatocytes: A Model for Studying Anti-Hepatotoxic Crude Drugs. <i>Planta Medica</i> 56(2): 171-173, 1990.
Antiherpetic 48-150 ug/ml	
Antihistaminic IC50=<10 $\mu\text{M}$	
Antihydrophobic	Vlietinck, A.J. and Domisse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research</i> . Wiss. Verlag. Stuttgart.
Antihypertensive	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.

Antileishmanic IC50=64	
Antileukemic IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antileukemic IC50=>10 ug/ml	Life Sciences 55: 1061.
Antileukemic 5.5-60 uM	
Antileukotriene	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antilipoperoxidant IC67=50	
Antimalarial IC50=1-6.4 ug/ml	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antimelanotic	
Antimetastatic	
Antimutagenic ID50=2-5 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507 ACS, Washington 402 pp.
Antimutagenic ID50=0.62 ug/ml	
Antimycarditic	Economic & Medicinal Plant Research, 5: 199.
Antinitrosaminic	
Antinociceptive	
Antioxidant IC96=300 ppm	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507 ACS, Washington 402 pp.
Antioxidant ED50=2.3 uM	Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. Phytotherapy Research, 14(2): 93-98.
Antioxidant 4.7 x Vit. E	
Antioxidant IC47=10 uM	
Antipancreatic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antiperiodontal	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiperistaltic	
Antipermeability	
Antiperoxidant	Planta Medica, 57: A110, 1991.
Antipharyngitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplaque	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplasmodial IC50=13-64	
Antipodriac	
Antipolio	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiproliferant 10 nM	
Antiprostanoid	
Antiprostatic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular IC50=4.6 uM	Planta Medica, 56(6): 695, 1990.
Antispasmodic	
Antistreptococcal ID50=120 ug/ml	
Antithiamin	Phenolic Compounds in Food and Their Effects on Health, 69.
Antithrombic	
Antitrypanosomal IC50=13	
Antitumor 10 uM	
Antitumor (Bladder)	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Lung)	
Antitumor (Ovary)	
Antitumor (Skin) 20 uM	
Antitumor-Promoter	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiuclcer	
Antiviral IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antiviral 48-150 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. J. of Natural Products 55(12):1732-1740, 1992.
Apoptotic 20-60 uM	
Bacteristat 10 mg/ml	
Bradycardiac	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
COMT-Inhibitor	
COX-2-Inhibitor <40 uM	
Calmodulin-Antagonist	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Capillaroprotective	Merck 11th Edition
Carcinogenic 40,000 ppm (diet) mus	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Catabolic	

Cyclooxygenase-Inhibitor	
Cytochrome-P450-1A2-Inhibitor	
Cytotoxic ED50=70 ug/ml	Matsukawa, Y., et al. The Effect of Quercetin and Other Flavonoids on Cell Cycle Progression and Growth of Human Gastric Cancer Cells. <i>Planta Medica</i> , 56(6): 677, 1990.
Cytotoxic IC82=100 ug/ml	<i>Planta Medica</i> , 57: A113, 1991.
Deiodinase-Inhibitor	Jim Duke's personal files.
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Differentiator 5.5 uM	
Estrogenic 10% genistein	
Fungicide	
Glucosyl-Transferase-Inhibitor ID50=120 ug/ml	
HIV-RT-Inhibitor IC50=<1 ug/ml	Nakane, H., Fukushima, M., and Ono*, K. Differential Inhibition Of Reverse Transcriptase And Various DNA Polymerases By Digallic Acid And Its Derivatives. <i>Journal of Natural Products</i> , 53(5): 1234-1240, 1990.
Hemostat	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Hepatomagenic 5,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Hepatoprotective	
Hypoglycemic 100 mg/kg oral rat	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Inotropic	
Insulinogenic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Juvabional	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Larvistat 8,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor IC11=1.25 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Lipoxygenase-Inhibitor IC50=0.1-5 uM	
MAO-A-Inhibitor	
MMP-9-Inhibitor 20 uM	
Mast-Cell-Stabilizer	
Metal-Chelator (Copper)	Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98.
Metalloproteinase-Inhibitor IC50=>42 uM	
Mutagenic	
NADH-Oxidase-Inhibitor	
NEP-Inhibitor IC50=>42 uM	
NF-kB-Inhibitor	
NO-Inhibitor IC>50=125 uM	
NO-Inhibitor IC50=20 uM	
NO-Synthase-Inhibitor 5-50 uM	
Neuroprotective 5-25 uM	
Ornithine-Decarboxylase-Inhibitor <10 uM	
P450-Inducer 5 uM	Father Nature's Farmacy: The aggregate of all these three-letter citations.
P450-Inhibitor 50-100 uM	Father Nature's Farmacy: The aggregate of all these three-letter citations.
PGE2-Inhibitor	
PTK-Inhibitor 0.4-24 uM	
Pesticide	
Phospholipase-Inhibitor	
Plasmodicide	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Proliferant	
Prostaglandin-Synthesis-Inhibitor 40 ug/ml	Ibewuike, J. C., Ogungbamila, F. O., Ogundaini, A. O., Okeke, I. N., Bohlin, L. 1997. Antiinflammatory and Antibacterial Activities of C-methylflavonol from <i>Piliostigma thonningii</i> . <i>Phytotherapy Research</i> , 11(4): 281-284.
Protein-Kinase-C-Inhibitor	Naim, M., Zehavi, U., Nagy, S., and Rouseff, R.L. Hydroxycinnamic Acids as Off-Flavor Precursors in Citrus Fruits and Their Products. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.14.
Quinone-Reductase-Inducer 6 uM	Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. <i>Cancer Lett.</i> , 120 (2): 213-216.
Quinone-Reductase-Inducer 13 uM	
TNF-alpha-Inhibitor IC50=3.11 uM	
Teratologic	
Topoisomerase-I-Inhibitor IC50=12.8 ug/ml	
Topoisomerase-I-Inhibitor IC50=42 uM	
Topoisomerase-II-Inhibitor IC50=1-6.9 ug/ml	
Topoisomerase-II-	

Tumorigenic 0.1% diet orl Jim Duke's personal files.  
rat/yr

Tyrosinase-Inhibitor  
ID<sub>50</sub>=70 uM

Tyrosine-Kinase-Inhibitor Economic & Medicinal Plant Research, 6: 170.

VEGF-Inhibitor

Vasodilator

Xanthine-Oxidase-Inhibitor IC<sub>50</sub>=>0.4 ug/ml Chem. & Pharm. Bull. 38: 1772.

Xanthine-Oxidase-Inhibitor IC<sub>50</sub>=10.6 ug/ml

Xanthine-Oxidase-Inhibitor 3.1 uM

cAMP-Phosphodiesterase-Inhibitor Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

iNOS-Inhibitor IC<sub>50</sub>=20 uM

QUERCETIN-3-BETA-D-GLUCOSIDE	Plant	--	--	*
QUERCETIN-7-HETEROSIDE	Plant	--	--	*
QUERCITRIN	Plant	--	--	*

#### Activities (44)

ACE-Inhibitor IC<sub>50</sub>=0.67 mM/

Aldose-Reductase-Inhibitor IC<sub>50</sub>=2 uM Terashima, S., Shimizu, M., Nakayama, H., Ishikura, M., et al. 1990. Studies on Aldose Reductase Inhibitors from Medicinal Plant of 'Sinfito,' *Potentilla candicans*, and Further Synthesis of Their Related Compounds. Chem. Pharm. Bull 38(10):2733-2736, 1990

Aldose-Reductase-Inhibitor IC<sub>55</sub>=0.15 uM

Aldose-Reductase-Inhibitor 0.1-100 uM

Aldose-Reductase-Inhibitor 0.5-4 ug/ml

Aldose-Reductase-Inhibitor IC<sub>50</sub>=64 uM rat

Aldose-Reductase-Inhibitor IC<sub>55</sub>=0.1 uM

Antiarrhythmic

Antibacterial Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Anticataract

Antiedemic

Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

Antifeedant IC<sub>50</sub><=1,000 ppm diet

Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.

Antiflu

Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics. John Wiley & Sons, New York, 1980.

Antihemorrhagic

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antihepatotoxic

Antiherapeutic Economic & Medicinal Plant Research, 5: 198.

Antiinflammatory

Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

Antimutagenic ID<sub>50</sub>=2-5 nM

Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.

Antioxidant IC<sub>50</sub>=120 uM

Antipurpuric

Antispasmodic

Antistaphylococcal 0.41%

Antithrombogenic

Antitumor

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antiviral

CNS-Depressant

Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cardiotonic

Choleretic

Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Cyclooxygenase-Aktivator 200 uM

Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

Detoxificant

Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Diuretic

Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

Dye

Merck 11th Edition

Hemostat

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Hepatotonic

Economic & Medicinal Plant Research, 6: 189.

Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
MAO-A-Inhibitor					
MAO-Inhibitor					
Paralytic					
Pesticide					
Vasopressor					

QUINIC-ACID	Fruit	--	--	*	
<b>Activities (1)</b>					
Choleretic	Fitoterapia No.5-1986.				
RIBOFLAVIN	Fruit	--	5.0	-0.0	*
<b>Activities (15)</b>					
AntiLyme 50 mg/day					
Antiarabiflavinotic 2-10 mg/day orl	Martindale's 28th				
Anticarpal-Tunnel 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Anticataract 15 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Anticephalic					
Anticervicaldysplastic 1.6-10 mg/day					
Anticheilitic					
Antidecubitic					
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antikeratitic					
Antimigraine					
Antioxidant					
Antipellagric					
Antiphotophobic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
RUTIN	Plant	--	--	*	
<b>Activities (87)</b>					
5-HT-Inhibitor					
Aldehyde-Oxidase-Inhibitor IC27-52=10 uM					
Aldose-Reductase-Inhibitor 100 uM					
Aldose-Reductase-Inhibitor 4 ug/ml	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.				
Allelochemic					
AntiCVI 270 mg/man/day					
Antiaggregant ED50=33 nmol/kg iv					
Antiallergic					
Antiapoplectic					
Antiatherogenic					
Antiatherosclerotic					
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Anticancer					
Anticapillary-Fragility 20-100 mg orl man	Merck 7th Ed.				
Anticataract					
Anticlastogen					
Anticonvulsant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.				
Antidementia	Bruneton, J. 1999. Pharmacognosy, Phytochemistry, Medicinal Plants. 2nd Ed. Lavoisier Publishing, Paris. 1119 pp.				
Antidermatitic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.				
Antidiabetic	Jin, G-Z., Yamagata, Y., and Tomita, K-i. 1989. Structure of Rutin Pentamethanol. <i>Chem. Pharm. Bull.</i> 38(2): 297-300, 1990.				
Antiedemic 270 mg/day orl man					
Antierythemic					
Antifeedant					
Antiglaucomic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antihematuric					
Antihemorrhoidal					
Antihepatotoxic	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Antiherapeutic	Economic & Medicinal Plant Research, 5: 198.				

Antihypertensive	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory 20 mg/kg	
Antimalarial IC50=>100 ug/ml	Khalid, S.A., Farouk, A., Geary**, T.G., and Jensen, J.B. 1985. Potential Antimalarial Candidates From African Plants: An In Vitro Approach Using <i>Plasmodium falciparum</i> *. <i>Journal of Ethnopharmacology</i> , 15: 201-209, 1986.
Antimelanomic	
Antimetastatic	
Antimutagenic ID50=2-5 nM	
Antinephritic	
Antinociceptive	
Antioxidant IC28=30 ppm	
Antioxidant IC50=120 uM	
Antioxidant IC54=10 uM	
Antiperoxidant IC50=10-20 uM	
Antiplatelet	
Antiproliferant 50-75 uM/l	
Antiprotozoal	
Antipurpuric	
Antiradicular 9 x quercetin	
Antispasmodic	
Antisunburn	
Antithrombotic	
EC50=500 nM	
Antithyroid IC50=68 uM	
Antitrypanosomic 100 mg/kg	Planta Medica, 57: A44, 1991.
Antitumor	
Antitumor-Promoter	
Antiulcer	
Antivaricose	
Antiviral	
Apoptotic 75 uM/l	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Capillariprotective	Merck 11th Edition
Catabolic	
Chemopreventive	
Cytoprotective IC50=3 uM	
Estrogenic?	Economic & Medicinal Plant Research, 6: 189.
Hemostat	
Hepatomagenic 20,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507 ACS, Washington 402 pp.
Hepatoprotective 20 mg/kg rat	
Hypocholesterolemic	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Hypotensive	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Immunomodulator	
Insecticide	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Juvabional	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvistat IC95=4,000-8,000 ppm diet	Lydon, J. & Duke, S., <i>The potential of pesticides from plants</i> , pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor IC75=2.5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Mutagenic	Economic & Medicinal Plant Research, 6: 189.
Myoprotective	
Myorelaxant	Economic & Medicinal Plant Research, 6: 189.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
PAF-Inhibitor	
Pesticide	
Protisticide	
Radioprotective	
Sunscreen	
Topoisomerase-II-Inhibitor IC50=1 ug/ml	Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Crouzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. <i>Antimicrobial Agents &amp; Chemotherapy</i> , 41: 992-998.
Vasodilator	
Vasopressor	
cAMP-Phosphodiesterase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).

SERINE	Fruit	--	--	*	
<b>Activities (1)</b>					
Cancer-Preventive		Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
<b>SHIKIMIC-ACID</b>					
	Fruit	--	--	*	
<b>Activities (14)</b>					
Analgesic					
Anticancer					
Anticonvulsant		Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.			
Antioxidant 7 x quercetin					
Antiradicular 7 x quercetin					
Antispasmodic		Grenand, P., Moretti, C., and Jacquemin, H. 1987. Pharmacopees Traditionnelles en Guyane. l'ORSTROM, Paris. 569 pp.			
Antitumor					
Antitumor-Promoter					
Bruchifuge		Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.			
Cancer-Preventive					
Carcinogenic		Merck 11th Edition			
Ileorelaxant					
Mutagenic					
Pesticide					
SODIUM	Plant	30.0	216.0	-0.29	*
<b>Activities (1)</b>					
Hypertensive		Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
SORBITOL	Fruit	--	--	*	
<b>Activities (11)</b>					
Antidiabetic (Insulin-Sparing) 30 g/man/day		Martindale's 28th			
Antiketotic		Merck 11th Edition			
Cataractagenic		Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Cathartic					
Diuretic		Merck 11th Edition			
FLavor FEMA 1,000-280,000		Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Humectant		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Laxative 5-15 g/man/day		Martindale's 28th			
Laxative 20-50 g/day		Martindale's 29th			
Purgative 30-50 g/man/day		Martindale's 28th			
Sweetener 0.6 x sucrose		Merck 11th Edition			
SQUALENE	Plant	--	--	*	
<b>Activities (10)</b>					
Antibacterial		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antioxidant					
Antitumor		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Cancer-Preventive		Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Chemopreventive					
Immunostimulant		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Lipoxygenase-Inhibitor		Chemical Express, 7: 297, 1992.			
Perfumery		Merck 11th Edition			
Pesticide					
Sunscreen					
STEARIC-ACID	Fruit	160.0	1152.0	-0.2	*
<b>Activities (8)</b>					
5-Alpha-Reductase-Inhibitor					
Cosmetic		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			

Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Propecic	
Suppository	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

STEARIC-ACID                      Seed        8700.0     11600.0    -0.31        \*

#### Activities (8)

5-Alpha-Reductase-Inhibitor	
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLavor FEMA 2-4,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Propecic	
Suppository	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

STIGMASTEROL                      Plant        --        --        \*

#### Activities (12)

Antihepatotoxic	
Antiinflammatory	Lawrence Review of Natural Products, 1995
Antinociceptive	
Antiphidic 2.3 mg ipr mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC33=10 uM	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . Plant Science, 75: 161-165, 1991.
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . Phytomedicine. 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Estrogenic	
Hypocholesterolemic	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ovulant	
Sedative	

SUCCINIC-ACID                      Fruit        --        --        \*

#### Activities (7)

Additive FEMA 200-2,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Antifeedant	
Bruchiphobe	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Dye	Merck 11th Edition
Perfumery	Merck 11th Edition
Pesticide	

SUGARS                              Fruit        68000.0    104400.0    -0.45        \*

TANNIN                              Bark        50000.0    70000.0    -0.62        ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.

#### Activities (35)

Anthelmintic	
AntiHIV	
Antibacterial	
Anticancer	
Anticariogenic	
Antidiarrheic	
Antidysenteric	
Antihepatotoxic	
Antihypertensive	
Antilipolytic	
Antimutagenic	

Antiphidic	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC50=1.44 ug/ml	
Antioxidant 1/3 quercetin	
Antiradicular 500 mg/kg/day orl mus	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.
Antiradicular 1/3 quercetin	
Antirenitic	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.
Antitumor	
Antitumor-Promoter	
Antiulcer	
Antiviral	
Cancer-Preventive	HerbalGram No. 22 - Spring 1990, page 14.
Carcinogenic	
Chelator	
Cyclooxygenase- Inhibitor	
Glucosyl- Transferase-Inhibitor	
Hepatoprotective	
Immunosuppressant	
Lipoxygenase- Inhibitor	
MAO-Inhibitor	
Ornithine- Decarboxylase- Inhibitor	
Pesticide	
Psychotropic	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.
Xanthine-Oxidase- Inhibitor	

## TARTARIC-ACID

Fruit -- -- \*

## Activities (6)

Acidifier	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Additive	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Antioxidant Synergist	Martindale's 29th
Flavor FEMA 500-10,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Sequestrant	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

## TAXIFOLIN

Plant -- -- \*

## Activities (17)

Aldose-Reductase- Inhibitor 60 uM pig	Haraguchi, H., Ohmi, I., Masuda, H., Tamura, Y., Mizutani, K., Tanaka, O., Chou, W. H. 1996. Inhibition of Aldose Reductase by Dihydroflavonols in Engelhardtia chrysophyllus and Effects on Other Enzymes. Experientia, 52(6): 564-567.
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticomplementary 1/3 aspirin	
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiherapeutic	Economic & Medicinal Plant Research, 5: 198.
Antiinflammatory	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Antitumor	
Antiviral	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Fungicide	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hepatoprotective	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 253.
Lipoxygenase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Oxidase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
RNA-aenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London.

TAXIFOLIN-3-HETEROSIDE	Fruit	--	--	*
TECTOCHRYGIN	Plant	--	--	*
THIAMIN	Fruit	--	5.0	-0.04
<b>Activities (31)</b>				
Analgesic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
AntiLyme 50 mg				
Antialcoholic 50-100 mg/day				
Antialzheimeran 100-3,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antianorectic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antibackache 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antiberiberi				
Anticanker				
Anticardiospastic				
Anticataract				
Anticolitic				
Antidecubitic				
Antideliriant				
Antidementia				
Antidyspeptic				
Antinecephalopathic	Martindale's 29th			
Antifatigue	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antigastritic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antihangover 50 mg				
Antiheartburn				
Antiherpetic				
Antimigraine				
Antimyocarditic				
Antineuragic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antineurasthenic				
Antineuritic				
Antineuropathic 50 mg	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antipoliomyelitic				
Insectifuge 75-150 mg/man/day	Martindale's 28th			
Neuroprotective				
Pesticide				
THREONINE	Fruit	--	--	*
<b>Activities (4)</b>				
Antioxidant?				
Antiulcer	Martindale's 29th			
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
FLavor FEMA 1,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
TYROSINE	Fruit	--	--	*
<b>Activities (8)</b>				
Antidepressant?				
Anticephalopathic	Martindale's 29th			
Antiparkinsonian 100 mg/kg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antiphenylketonuric	Martindale's 29th			
Antiulcer 256 mg scu	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.			
Antiulcer 400 mg/kg ipr rat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.			
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).			
URSOLIC-ACID	Fruit	--	--	*
<b>Activities (89)</b>				

AntiEBV	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
AntiHIV EC50=2.0 ug/ml	Kashiwada, Y., et. al 1998. <i>Anti-AIDS Agents</i> . 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
AntiHIV IC50=6.5 ug/ml	Kashiwada, Y., et. al 1998. <i>Anti-AIDS Agents</i> . 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
AntiHIV IC85=18 ug/ml	
AntiHIV 6.7 uM	
AntiTGF-beta IC50=6-7.5 uM	
Antialzheimeran	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Antiarrhythmic	
Antiarthritic	Planta Medica, 57: A56, 1991.
Antibacterial	
Anticancer	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Anticancer (Colon)	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Anticarcinomic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Anticariogenic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Anticholestatic 28-100 mg/kg orl	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. <i>Phytotherapy Research</i> 6: 74-79, 1992.
Anticomplement IC100 0.1 mM/l gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Anticomplement IC80-90 0.05 mM/l gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Antidiabetic	Chemical Constituents of Oriental Herbs (3 diff. books)
Antiedemic	
Antiescherichic	
Antifibrosarcomic	
IC80=10 uM	
Antihepatotoxic 5-20 mg/kg ipr	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. <i>Phytotherapy Research</i> 6: 74-79, 1992.
Antihistaminic	Tsuruga, T., Chun, Y.-T., Ebizuka, Y., and Sankawa, U. 1991. Biologically Active Constituents of <i>Melaleuca leucadendron</i> : Inhibitors of Induced Histamine Release from Rat Mast Cells. <i>Chem. Pharm. Bull.</i> 39(12): 3276-3278, 1991.
Antihyperlipidemic	
Antiinflammatory 1/3 indomethacin	
Antiinflammatory IC24=500 mg/kg	
Antileishmanic ED50=20 uM	
Antileukemic IC50=2.5-17.8 ug/ml	
Antilymphomic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antimalarial IC50=28-37 ug/ml	
Antimetastatic IC80=10 uM	
Antimutagenic IC57-80=80 m <sup>-1</sup> /kg	
Antinephritic IC50=6-7.5 uM	
Antiobesity?	Internat. J. Oriental Med. 16: 4.
Antioxidant IC50=10 uM	
Antiperioxidant IC35=200 ug/ml	
Antiplasmodial IC50=28-37 ug/ml	
Antiproliferative IC50=15-20 uM	
Antistaphylococcic	
Antithromboxane IC50=50 uM	
Antitrypanosomic	
Antitumor	Cancer Research, 54: 701, 1994.
Antitumor (Breast) 0.5% diet	
Antitumor (Breast) IC50=15-20 uM	
Antitumor (Cervix)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Colon)	
Antitumor (Lung)	
Antitumor (Ovary)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Stomach) IC50=15-20 uM	
Antitumor (brain)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.

Antiulcer	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. <i>Phytotherapy Research</i> 6: 74-79, 1992.
Antiviral IC85=18 ug/ml	
Aromatase-Inhibitor	
Beta-Blocker	
Beta-Glucuronidase-Inhibitor ~100 mg/kg	
CNS-Depressant	
COX-2-Inhibitor IC50=130 uM/	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Cardioprotective	
Cardiotonic	
Choleretic 5-20 mg/kg orl	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. <i>Phytotherapy Research</i> 6: 74-79, 1992.
Cyclooxygenase-Inhibitor	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Cytotoxic 50 ppm	
Cytotoxic ED50=3.75 ug/ml	
Cytotoxic 7.2 uM	
Diuretic	
Elastase-Inhibitor IC50=~15 uM	
Hepatoprotective 1-100 ug/ml	
Hepatoprotective 10 mg/kg	
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Hypotensive	
Immunomodulator	
Leucocytogenic	
Lipoxygenase-Inhibitor IC50=0.18 mM	
MMP-9-Inhibitor IC80=10 uM	
Ornithine-Decarboxylase-Inhibitor	
Pesticide	
Piscicide	
Potassium-Sparing 3 mg/rat	Iwu, M.M. 1993. <i>Handbook of African Medicinal Plants</i> . CRC Press, Boca Raton, FL 435 pp.
Protease-Inhibitor IC85=18 ug/ml	
Protisticide	Chemical Express, 7: 285, 1992.
Quinone-Reductase-Inducer 5 ug/ml	Lee, S. K., Song, Y., Mata-Greenwood, E., Kelloff, G. J., Steele, V. E., Pezzuto, J. M. 1999. Modulation of in vitro Biomarkers of the Carcinogenic Process by Chémopreventive Agents. <i>Anticancer Res.</i> , 19: 35-44.
Sodium-Sparing 3 mg/rat	Iwu, M.M. 1993. <i>Handbook of African Medicinal Plants</i> . CRC Press, Boca Raton, FL 435 pp.
TOPO-2-Inhibitor	
Trypanocide	
Vasopressor	

## VALINE

Fruit -- -- \*

### Activities (3)

Antiecephalopathic	Martindale's 29th
Essential	
FLavor FEMA 1,000-2,000	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry

## VANILIC-ACID

Plant -- -- \*

### Activities (24)

Aldose-Reductase-Inhibitor 100 uM/l	
Allelopathic	
Anthelmintic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antibacterial 1.5-15 mg/ml	Recio, M. C., Rios, J. L., and Villar, A. A review of some antimicrobial compounds isolated from medicinal plants reported in the literature 1978-1988. <i>Phytotherapy Research</i> , 3(4), 1989, 117-125.
Anticancer	
Antifatigue	
Antiinflammatory	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antileukemic	Chieng I C, Chieng W, Chang M Y, Ng I T, Lin C C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-

Antioxidant IC21=30 ppm	
Antioxidant 1/3 BHA	
Antiperoxidant IC15-65=100-200 ug/ml	
Antiradicular 7 x quercetin	
Antiseptic	
Antisickling	Planta Medica, 56(6): 681, 1990.
Antitumor	
Antitumor-Promoter	
Ascaricide	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic	
Fungicide	
Immunosuppressant	
Laxative	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Pesticide	
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

WATER	Fruit	826000.0	874000.0	0.45	*
ZINC	Fruit	1.0	7.0	-0.7	*

### Activities (77)

ACE-Inhibitor	
Analgesic	
AntiBPH 25-60 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
AntiCrohn's	
AntiHIV	
Antiacne 135 mg/day	
Antiacrodermatitic 8-34 mg/day/orl/chd	Martindale's 29th
Antialcoholic	
Antialopeptic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antialzheimeran 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiangiogenic	
Antianorexic	Martindale's 29th
Antiarthritic 50 mg/3x/day/orl/man	
Anticanker 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 30 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticoeliac	Martindale's 28th
Anticold 50 mg	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticolic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticorony 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidandruff	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidementia	
Antidiabetic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Cadmium)	Let's Live, May 1989.
Antidysgeuzic	
Antieczemic 150 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiencephalopathic	Martindale's 29th
Antiepileptic 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antifibrotic 30 mg	
Antifuruncular 45 mg/3x/day/man	Martindale's 28th
Antihangover 15 mg	
Antiherpetic? 25-60 mg/day	
Antiimpotence	Martindale's 29th
Antiinfective 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinfertility 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antileptic	Martindale's 29th
Antileukonychic	
Antilymphomeric	
Antimaculitic	
Antimetastatic	

Antinystalopic	
Antiobesity 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antiosteoporotic	
Antiperiodontic	
Antiplaque	Martindale's 29th
Antiprolactin	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic 50 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiseptic 50 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antispare-Tire 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antistomatitic 50 mg/man/3x/day	Martindale's 28th
Antisyndrome-X 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antitinnitic 60-120 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antitriglyceride 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antiulcer 50 mg/3x/day/man	Martindale's 28th
Antiulcer 88 mg/rat/day/15 days	
Antiviral?	Martindale's 29th
Astringent	Martindale's 28th
Collagenic	
Copper-Antagonist	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Deodorant	Martindale's 29th
Detoxicant (Alcohol)	
Ergogenic	
Hypotensive 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Immunostimulant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Immunosuppressant 300 mg/day/6 wks/orl/man	Martindale's 29th
Insulinogenic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Leptogenic 30-60 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Mucogenic	Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. <i>J. Pharm. Pharmacol.</i> 42: 657-659, 1990.
NF-kB-Inhibitor	
Pesticide	
Spermigenic 60 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Testosteronogenic 60 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Trichomonicide	Martindale's 29th
Vulnerary	Martindale's 28th